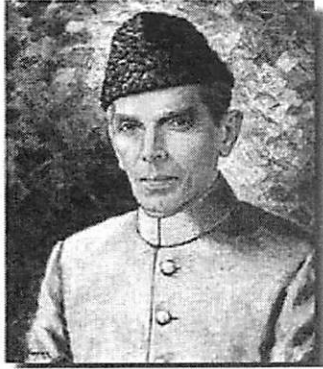


# پیامی از قائد اعظم

Quaid-e-Azam



**The founder of Pakistan**

*“You are a nation whose history is replete with people of wonderful grit, character and heroism. Live up to your tradition and add to it another chapter of glory.”*

**-Mohammad Ali Jinnah**

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**A Message from the President, Dow Graduate Association of North America, 2010**



**Shazia Malik, M.D.**

**314.616.3596, [smalika98@aol.com](mailto:smalika98@aol.com)**

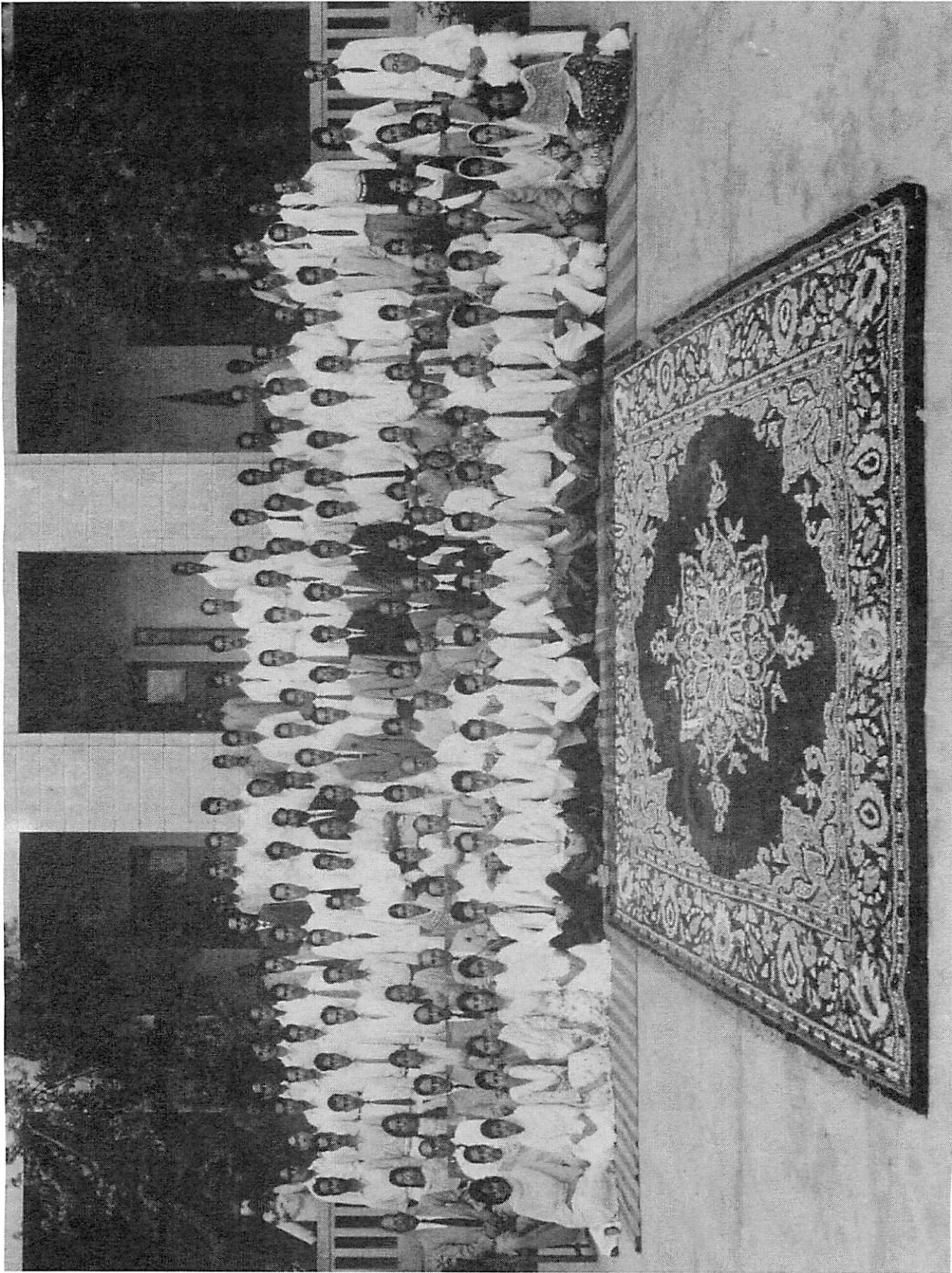
I am honored to write a letter for the 50<sup>th</sup> Reunion of the Class of 1960 for DOW GRADUATES. As you get together for your 50<sup>th</sup> Reunion, you will be reminiscing over the years well spent towards helping patients and the hours of volunteer work you have put in.

We, as your junior contemporaries, take pride in your many accomplishments and want to follow in your footsteps. The wisdom that you have through your experience can help guide younger Dowites towards greater achievements.

If I could, I would like to suggest that each of you become a mentor for a few junior Dowites and guide them. We can start a program which we can embark upon at the Spring Retreat.

Finally, I would like to again invite the Class of 1960 for the DOW Retreat being held in St. Louis from April 23<sup>rd</sup> to April 25<sup>th</sup>. We would like to honor the graduates of 1960 at our evening reception being held on Friday the 23<sup>rd</sup> of April. I will be genuinely obliged if you would give us the honor of your presence.

Dow Medical College – Karachi, Pakistan  
Class of 1960



**Dow Medical College, Karachi Pakistan  
Class of 1960**

Aapa	Qamar	Dhami	Saeed	Khan	Rasheed	Patel	Rafiq K.
Abid	S.M.	Ehsanuulah	Syed	Khan	Khader	Qamar	Mohammed
Aashiq	Mohammed	Fatima	Anis	Khan	A. Ghaffar	Qizalbash	Noor Alam
A'bro	Hazel P.	Fernandez	Brandon	Khan	Basheer	Qizalbash	Syed
Ahmed	Basheer	Ghani	Rashid	Khan	Noor	Qizilbash	Jamal Ara
Ahmed	Mushtaq	Ghani	Abbas	Khan	Amman	Qutubuddin	Mohammed
Ahmed	Moin	Ghani	Usman	Khan	Tahir	Rabbi	Fazle
Ahmed	Rashida	Habib	Iqbal	Khan	Suleman	Rahim	Misba-ur
Ahmed	Nazir S.	Hameeda	Khan	Khanum	Khalida	Rahman	Hafeez
Alam	Rafath	Hanifa	Shafiq ur	Kher	Bashir	Rahman	Abdur
Ali	Zahid	Haq	Mufti Z.Ui	Kumar	Udehv	Rahman	Nuzhat
Ali	Rafat	Haq	Muneer ul	Lakdir	Fatima	Rajpal	Inder Sen
Ali	Syed Q.	Hasan	Mujtaba	Mahmood	Raza	Rathore	Rasheed
Ali	Zakia	Hashmi	Kaukab	Mehmood	Ghazali	Rehman	Azizur
Ali	Syed	Hashmi	Abdul Q.	Mohammed	Bari	Rizvi	Adib Hasan
Amin	Mohammed	Hussain	Abbas A	Mohammed	Azhar	Salahuddin	Mohammed
Amin	Mohammed	Hussain	Syed Baqir	Mohammed	Shahnawaz	Salma	Agha
Anklesaria		Ibn Azeez	Hassan	Mohammed	Roshan	Sayeed	Ahmed
Ansari	Ghazala	Ilahi	C Fazle	Mohammed	Noorani	Sethna	Faridon
Aslam	Mohammed	Ishaq	Mohammed	Mohammed	Mushtaque	Shah	Pervaiz I.
Awan	W. Abdul	Jehan	Akhter	Mohammed	Sadique	Shamim	Zahera
Azam	Ahmed F.	Jehan	Afsar	Mohammed	Irfan	Shamsi	Manazir
Azeez	Hamid	Jehan	Nuzhat	Mohammed	Azizuddin	Sheila	Raicar
Aziz	Hasan Ibne	Jokhio	Inayatullah	Mohammed	Zafar	Soofi	Kishwar
Baig	Zahoor	Jumshyd	Ali	Mohammed	Akram	Sulaiman	Mohammed
Baloch	Mahmood	Jumshyd	Farhat	Mohammed	Mufti	Sultana	Safia
Bari	Abdul	Karim	Mohammed	Natalwala	Azizuddin	Sultana	Sara
Begum	Asghari	Karim	Rabia	Nawaz	Mujtaba	Tanweer	Masood
Begum	Fehmida	Kazi	Kamil	Nazir	Mohammed	Tayyab Ali	Shireen
Begum	Shamim	Kazi	Tahira	Nisa	Mehr-Un	Uddin	Qutub
Chaudhary	Abdul K.	Khalique	Mohammed	Nizami	Kamal A.	Usmani	Sukaina
Chaudhry	Ehsan	Khan	Azhar Ali	Noorani	M	Vohra	Suleiman
Chaudhry	Saeed	Khan	Azeez	Obaidullah	Mohammed	Zaibunissa	Fidwani
Jada	Abdul G.	Khan	S. Ullah	Pasha	Mahmood		

**In Memory of Friends who are no longer with us.**

Ejaz Ahmed  
Shafique Ahmed  
Iftikhar Akhtar  
Syed Aijaz Ali  
Qamar Azam  
Mumtaz Begum  
Zakaullah Beg

Khalida Farooq  
Maujood Hasan  
Mushtaq Hashmi  
Mazhar Hussain  
Maryam Khandwala  
Suleiman Khan  
Rahat Ahmed Khan

Said Ahmed Khan.  
Ehsan Bari Javed  
Abida Maqbool  
Mustafa Naqvi  
Abdur-R. Qureshi  
Misbah-ur Rahim  
Abdul R. Rathore

Zafar Ahmed Qureshi  
Mohd. Shafiq  
Inamul Haq Shami  
K.Y. Siddiquie  
Safia Sultana  
Moin Ul Haq

# Our Professors



**Principal, Prof. Mahmood Ali Shah, MS, FACS, FICS**



**Prof. Shafiuddin Khan**



**Prof. Hamid Ali Khan**



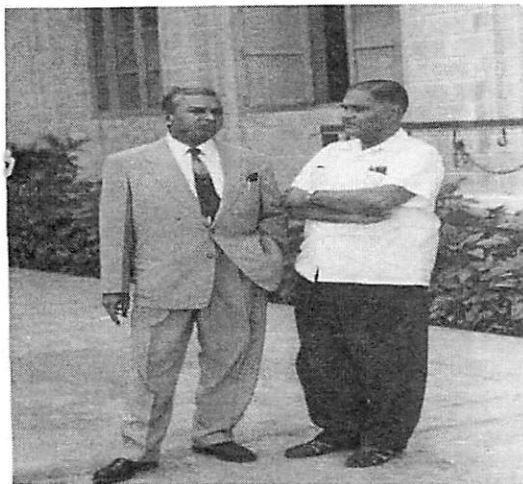
**Prof. Col. Said Ahmed**



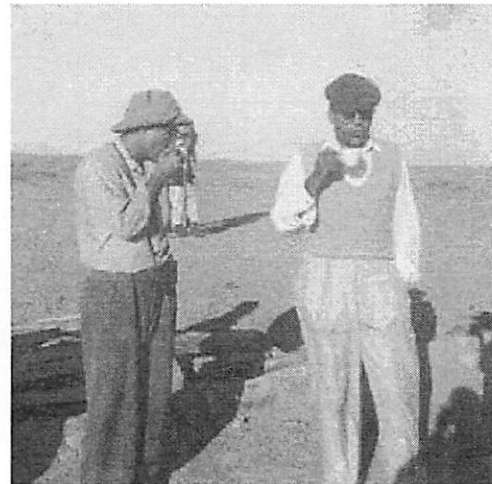
**Prof. Zaki Hasan**



**Prof. Col. Sarwar**



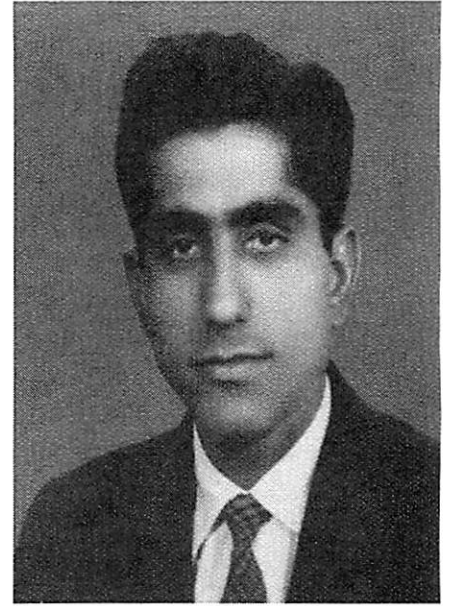
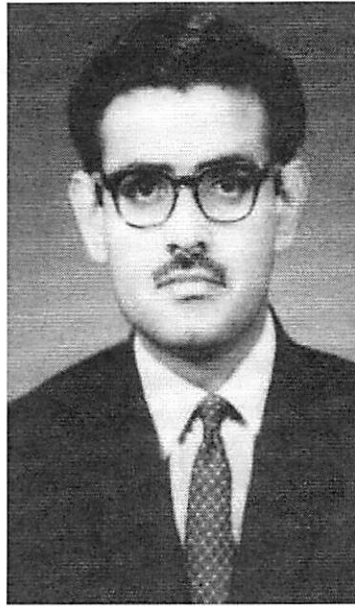
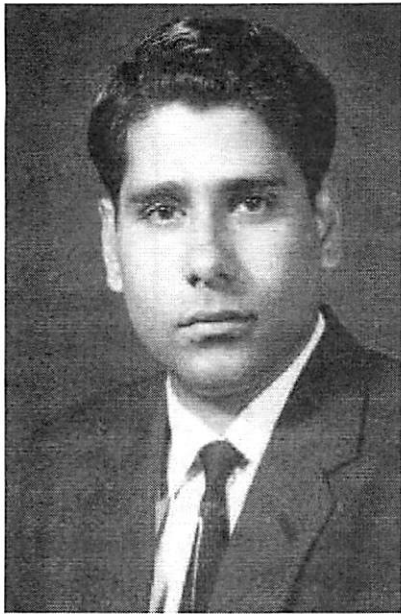
**Prof. A. M. Kassim and Col. Said**



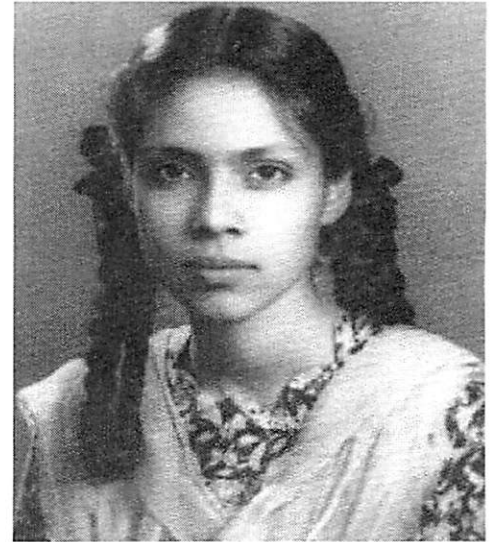
**Prof. Zaki Hassan**



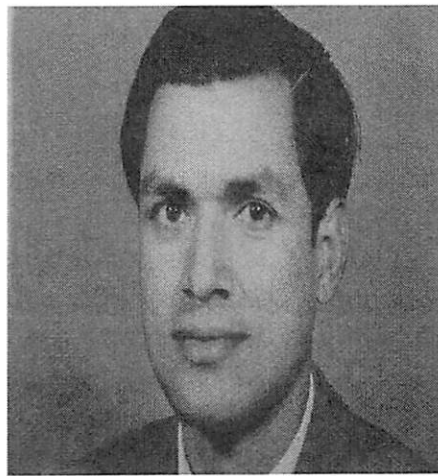
# The way we were back in 1960



13



7



## **Ali Jumshyd**

Radiologist VA Medical Center



B. Sc. 1955 First position in Karachi Univ. Second position in MBBS., DMRT Eng DMRD Eng. FRCR Eng..Diplomate Am .Board of Radiology.Principal Medical Officer, Medical Radio isotope Center. JPMC. Karachi. Senior, Registrar ,Royal London Hospital,London. Faculty Radiology,Case Western School of Medicine ,Cleveland Ohio.Baylor College of Medicine. Houston Texas.

Married classmate Farhat Jamal. They have three children Junaid, Farah and Assad and three grand children Aansa, Amber and Ryan.

## **Farhat Jamal Jumshyd**



Post graduate jobs in Child Psychiatry in England.Postgrad. training in Ultrasound at Kings College,Royal London Hospital,Charnig Cross Hospital London and in Cleveland Ohio.Ultrasound Consultant in Lady Dufferin Hosp. Karachi Adventist Hospital , National X Ray Center in Karachi.

Honorary lecturer in Ultra-Sound in Pakistan College of Physicians and Surgeons. Farhat has written two books in Urdu titled 'Dua' and 'Namaz' published in 2005 and 2009 respectively.

**DOW MEDICAL COLLEGE**  
**GOLDEN JUBILEE REUNION**  
**USMANIA RESTAURANT, HOUSTON, TX**

**PROGRAM**

- 6:00 PM:** **Informal Social Hour of class of 1960** (Snacks will be served)  
Presentation of Photos on projector with music.
- 7:45 PM:** **Maghrib Prayer**
- 8:15 PM:** **Opening Remarks –** Basheer Ahmed  
**Introduction of Chief Guest-** Manazir Shamsi  
**Brief Speech-** Dr. Abdus Salim  
**Brief Speeches -** **Members of Class of 1960 (2 minutes)**  
Ali Jumshyd  
Ahmed Sayeed  
Manazir Shamsi  
Farhat Jumshyd  
Nuzhat Rahman  
Sheikh Amin  
Nazeer Ahmed  
Ghaffar Khan  
Ghazala Ansari  
Rasheed Ghani  
Iqbal Bano  
Hafeez-ur-Rehman (10 minutes)  
**Recognition of Adib Rizvi -** Ahmed Sayeed and Ali Jumshyd
- 9:00 PM:** **Dinner** (Slide show can be presented during dinner)
- 9:45 PM:** **Entertainment Program**
- 10:15 PM:** **Cake Cutting Ceremony** (Nuzhat, Farhat, Ghazala and Iqbal)
- 11:50 PM:** **End of program.**
- Magazine and Cups can be distributed during the evening.

# A brief history of DOW Medical College

Dow Medical College is situated in Karachi, the biggest city of the country; however, it was first established in Hyderabad, Pakistan, as a small college. Before the independence, in 1941, the Indian Medical Council in order to introduce a uniform standard of medical education either abolished or raised many medical schools to a university level. Through the untiring efforts of Dr. Holmsted, the medical school at Hyderabad was granted a status of a degree college in 1941 by the government of Sind. The same year the government of Sind appointed a committee to implement this decision and to explore the feasibility of moving this medical school from Hyderabad to Karachi.

In 1943, this committee which consisted of: Dr. Hermends R. Wadhwani, *the then Minister of Public Health*; Col. J. E. Gray, *the then Inspector General of civil hospitals*; and Mr. Abhichand, *the then Executive Engineer*, developed the plans for the Dow Medical College. Major (Later Lt. Col.) Aziz K. M. Khan continued this project during the absence of Col. Gray. The college was inaugurated by Governor Maudie of Sind in Hyderabad in 1945. The first batch of the admitted students consisted of forty-five students among which there was a Muslim girl student named Ms. Fahmida Shaikh.

In 1944, the University of Bombay granted a temporary affiliation, which was later withdrawn on the recommendation of a three member committee consisting of Dr. Molgonkar, Dr. Yodh and Col. Jalal M. Shah. However, this committee recommended moving this institution to Karachi & later the affiliation to University of Bombay was restored in 1945 & 1946.

The foundation stone of the new building was laid in Karachi on December 10, 1945 by Sir Hugh Dow, *the then Governor of Sind*, after whom this medical college was named. The medical college was transferred from Hyderabad to Karachi on December 31, 1945. It was temporarily housed in the N.J.V. High School building. Dow Medical College started functioning in the new building in the November of 1946. In the December of 1946, Bombay University's team of inspectors recommended to continue its affiliation for the pre-clinical years and a conditional affiliation for the clinical subjects.

In 1947, when Pakistan gained its independence, Dow Medical College came under University of Sind's jurisdiction. A new committee was appointed by the University of Sind. It visited the institution on December 22<sup>nd</sup> 1947 and recommended full affiliation. It remained under Government of Sind until the central government took over on July 8, 1951. Pakistan Medical and Dental Council gave its recognition to the college in 1953. On March 7, 1962, it came under the jurisdiction of West Pakistan Government. With the dissolution of "One Unit", Sind Government assumed it's control again on June 30, 1970.

In 1953, the Student Union was established by the students. Prior to this the student union activities were largely run by the college staff. The Constitution of the Student Union of Dow Medical College was drafted by Dr. Sarwer and Dr. Sulaiman Karatela. The

elections were held and Dr. Rehman Ali Hashmi was elected the first President of the Student Union. During this tenure, the constitution was approved by the Principal and the General Body of students. The role of Student Union had been vital in shaping of Dow's activities. It provided a venue for cultural, political and creative activities in arts and literature on a national level. The DMC Annual Mushairas and Annual functions were keenly awaited by the entire city every year. The Student Union published its first magazine in 1950 which was later named "DOWLITE" in 1951. In 1957, it started a Urdu magazine named "NAMUD-E-SAHER". The Student Union also established a lending library in 1952, initially with only a handful of books which later grew to be a big source of books for the students.

In 1961, College Mosque was built. In 1968 Arag Auditorium was built with the efforts of Surgeon A. Rahim. In 1973, the Main Auditorium, the new medical library and common room building were established. The Main Auditorium was later named after Prof. Khawaja Moin. The last major addition to Dow medical College was the "Hygiene Block" building in 1981.

Recently, a major project of modernization of the college has begun. The whole library system is being renovated with the addition of the latest audio-visual equipments, computers and *multimedia* learning resources for the medical students. Also there will be Medline search and Internet capabilities available for the students.

Source of above information:

1. *Ex-Principal, Dow Medical College, Professor M. Shafi Quraishy*
2. *Article by Dr. Mushtaq A. Khan, published recently in DOGANA directory.*
3. *History of DMC an article in 6th annual convocation magazine: 1980.*





## **Dr. Qutub's memories of DOW MEDICAL COLLEGE in 50's.**

I, Dr. Qutub U. Ahmed graduated from Dow in 1958. During my internship I was surprised to find an invitation to join first year internship in Neonatology and Pediatrics at St. Francis Hospital in New York. In response to my application, recommended by Prof. Surgeon Munawwar Ali, as I was completing my second year residency, I was asked to take the ECFMG examination. I was shocked and I thought I was being demoted as a doctor. I resigned and went to England, after passing my MRCP from England as well as ECFMG, I came to John's Hopkins Hospital. My wife Dr. Tahira got a job to help in documenting research papers of Prof. Helen B. Tausik on Tetrology of Fallot. We were invited as guests on a dinner party at her residence, A memorable honor. Dow Medical College reminds me of some brilliant teachers dedicated and highly respectable. Prof. Col. Khan was the Principal, a well dressed personality and a distinguished surgeon.

Prof. Syed Maj. Hasan was professor of Medicine. A retired military servant who was kind in teaching and took great interest in student's case presentations and discussions. This was a great stimulus to students.

Prof. Munawwar Ali was a world renowned and popular plastic surgeon in Pakistan.  
Prof. Razia Rehmatullah of Pediatrics was a charming teacher and researcher in Pediatric illnesses.

Prime Minister Zulfiqar Ali Bhutto asked his Health Secretary Katpar to establish Sind Medical College with the help of Karachi Medical Association. Prof. Khwaja Moin and Secretary General of PMA were asked to submit a feasibility report for establishing Sind Medical College. I was a member of PMA and Dr. Mir Rehman Ali Hashmi knew that I had prepared a feasibility report for establishing a medical college at Liaquat National Hopsital. Syed Wajid Ali Shah had turned down this proposal of establishing a medical college there.

The feasability report prepared by me for Liaquat National Hospital was presented by Karachi Medical Association in presence of Prof Khwaja Moin and Dr. Mir Rehman Ali Hashmy . This led to the establishment of Sind Medical College.

# Memories Rekindled

(Aata hai yaad mujhko guzrah howa zamana)

By Ali and Farhat Jumshyd



When the dreams of entering Medical School came true, entrance in the Medical College starts with unpleasant reception by the senior students that cannot be compared to the American practice of hazing but leaves everlasting impressions that keep on being conveyed to the incoming First Year Fools.

Our interviews also started in the same way but fortunately saved us from any unpleasant experience by Principal Shah who came out and strongly asked all the Senior Students to leave.

The first introductory lecture by Dr. Abdul Wahid revealed his experiences and advised the new students on how to behave in this new environment and his often mentioned (Jalwa baquadre zoqe-nazar dekhtey rahay), did convey the message to keep on learning from your observations.

During the early years the day used to start by getting up at home and then joining the queue to board the bus, Kamal Nizami and myself were usually together and fellow passengers included few medical students, Fazal Abbas and Tayyab Mehmood who became a Dentist were our constant companions. Safia, whom we now miss dearly, usually boarded the bus at Nazimabad number 2.

The bus journey was enjoyable and we used to get down and walk to the College. At the entrance to the College, our classmates could be seen sitting on the ledge of the lending Library. Abbas Ghani usually came very early and all of us would sit and watch the girl students entering the College.

The peculiar stench of Dissection Hall was unforgettable and could not get off our hands even after washing and scrubbing several times.

Studying Anatomy in the Dissection Hall was really a combination of serious study and numerous chances of making friends, some of these relationships become life long associations and we formed a group of close friends from that time..

The monotonous high tone of Professor Mazharul Haq's lectures on Pharmacology gave us insight into the medicines we used in later years. One of our close friends Ahmed Farouk Azam joined us in that year. In the clinical years, trips to Jinnah Hospital in micro buses gave us the chance to get close to many whom we were accustomed to see from a distance.

I do not still understand whether Maulana the bus driver used to drive slowly or possibly within the legal limits, other drivers were fast and rash and he would sometimes follow a donkey cart resulting in protests from all of the passengers. Miss Siddiqui's lecture was a unique experience, she used to come 15 minutes late and ask Choudhry Sayeed to take the attendance that left a few minutes for the lecture; she once entered the class with her sandals in her hands.

Annual sports days were thoroughly enjoyed when the girls teams would have their matches and those who had cameras availed the opportunity to take photographs of their favorite girls. One of the most enjoyable gatherings was the annual Fete where all of us used to set up stalls and sell few good things and also prizes for small games and the money was collected for the lending library.

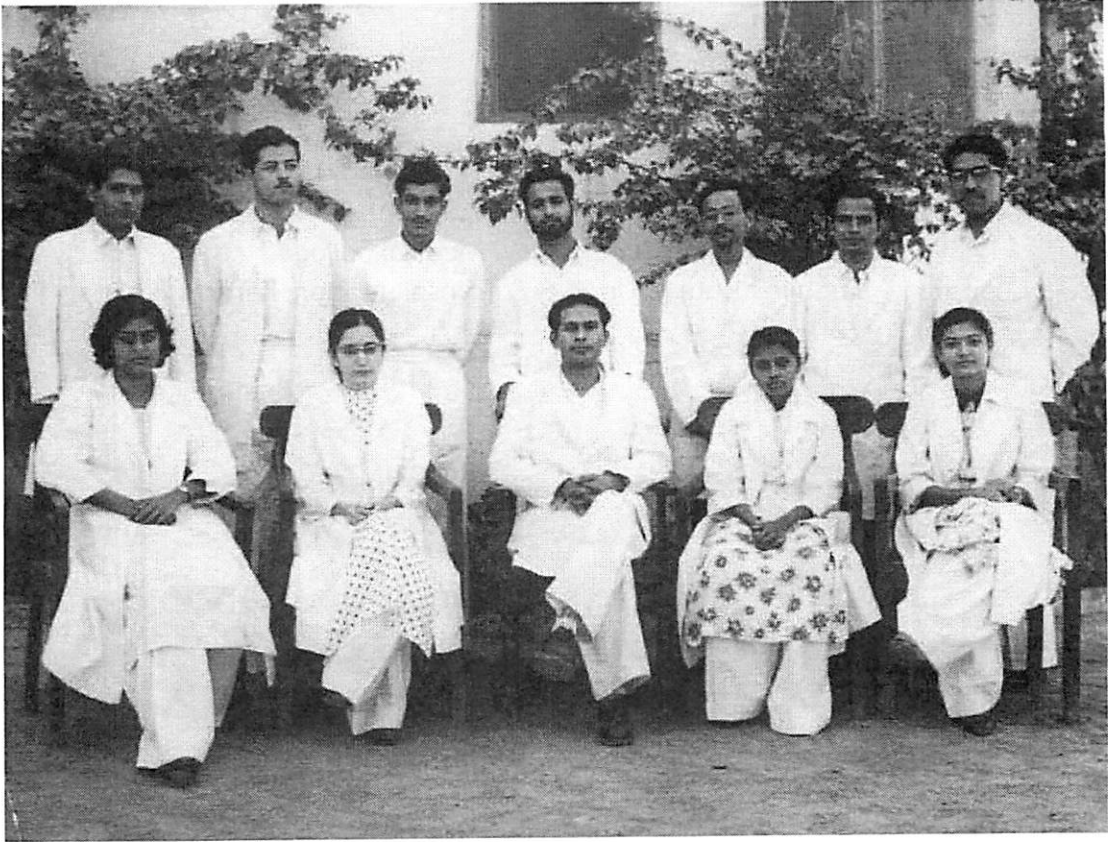
Annual Elections were our 24 hour engagement for a few days and our classmate Safia was elected debating Secretary in one of the elections. We enjoyed many good entertainment functions especially Mushairas, in one of those Shakeel Badayuni participated and the whole College was heard humming his verse (Magar aisi berukhi kya ke salam tuk na pohonchay) in the corridors. During the final year when the College and the environment felt like a self imposed confinement, we enjoyed the days by giving titles to everybody , mainly girls with due help from Abbas Ghani, Ghaffar and Faridon Setna with appropriate reply from the girls side.

Writing some Urdu verses on the blackboard expressed our feelings to few who appreciated Urdu poetry and for a red red rose. Sayeed, Bashir, Qadir Hashmi, Ameen and later on joined by Adib, Ghazala and Farhat made our group of close friends and our friendships have endured these long years. We have all relished our contacts with all our classmates and I also had the chance to organise and participate in our silver jubilee reunion in 1985 in Karachi where a large number of our classmates were present. This golden jubilee gathering may not have so many participants as we are scattered far and wide, I hope we can organize reunion gatherings in other cities or in other countries also, our association with all our class friends will continue and we wish the whole class of 1960 to have a healthy and prosperous life and with Allah's blessings all of us have had successful careers , we should try to prove to be role models for the next generation.

( Phir milainge agar Khuda laya.)

# GRADUATION DAY





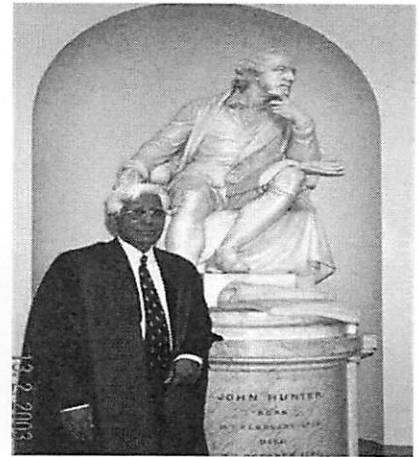


# **Prof. Dr. Syed Adibul Hasan Rizvi**

F.R.C.S.(Edin), F.R.C.S.(Lon)

Ex-Prof. of Surgery, Dow Medical College

Chairman – Sindh Institute of Urology & Transplantation, Karachi Pakistan



## **Awards & Honors**

Sitare-e-Imtiaz, Pakistan

Ramon Magasay Award, Philippines

Sir Haji Abdulla Haroon Award

Lifetime Achievement Award – Turkish Society of Transplantation

St. Paul's Medal by British Association of Urologists

Honorary Doctorate – University of Massachusetts, USA

Hunterian Professor Royal College of Surgeons, England

External Examiner for F.R.C.S. examination, London

Ex-President Asia Society of Transplantation

Ex-Chairman Middle-East Transplantation Society

Guest speaker in several Urological Societies throughout the world

Took a leading part in relief work for earthquake victims in Pakistan

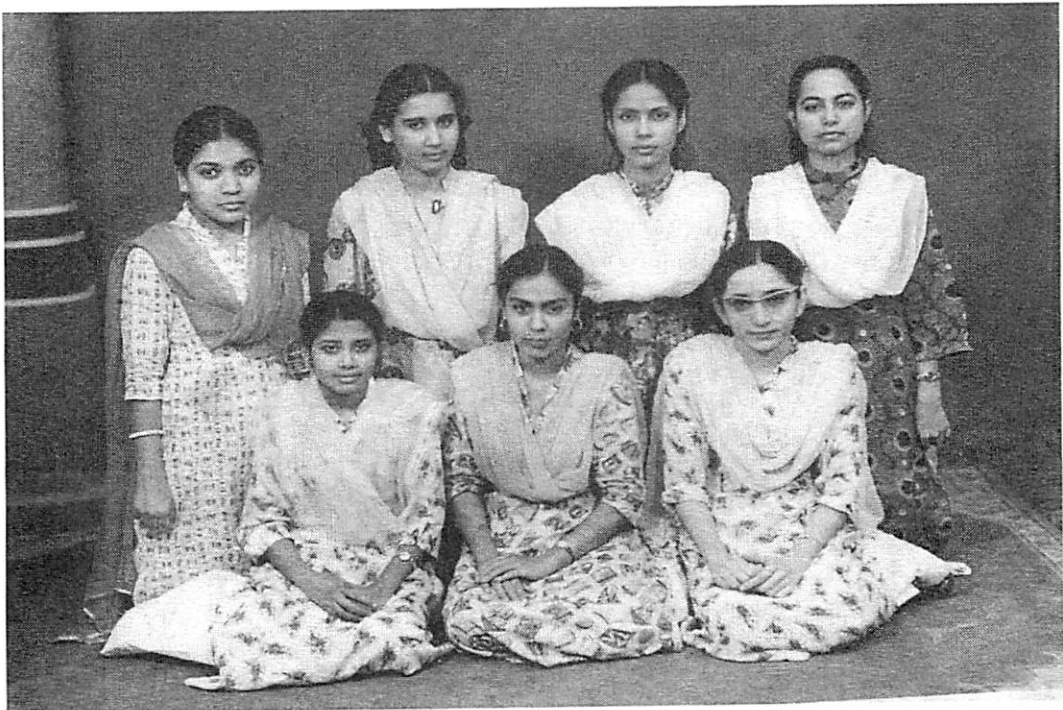
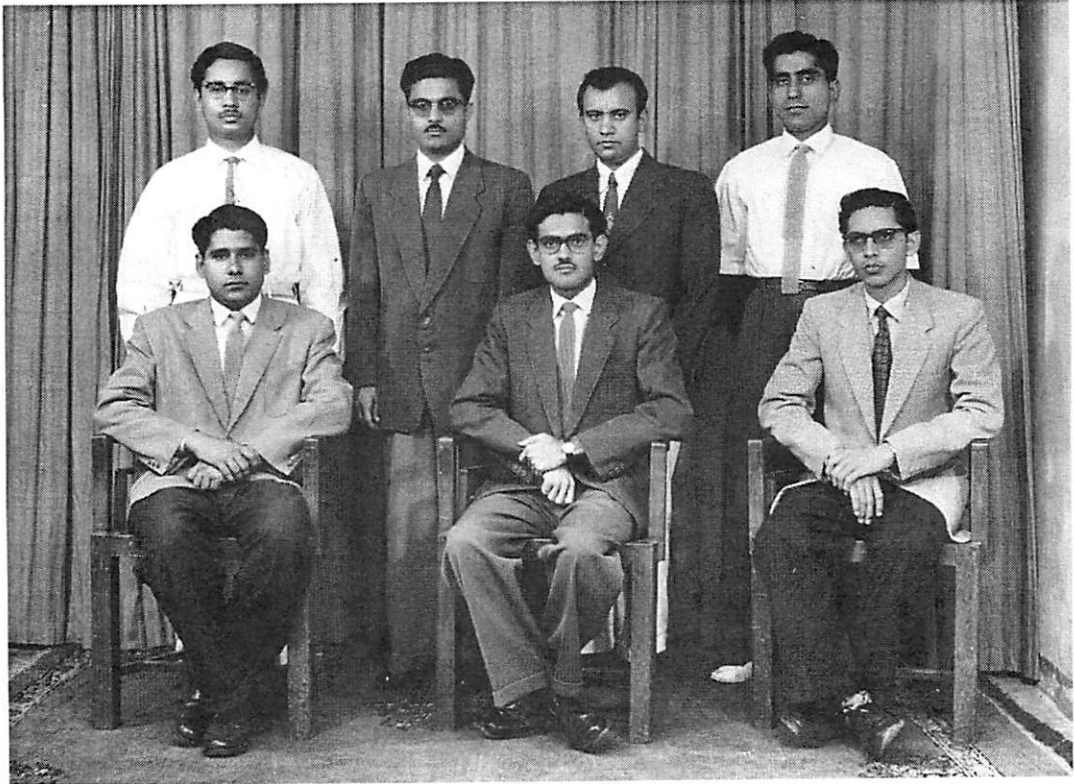
## **Family**

Wife: Hajira, Physician

Son: Irfan Rizvi, Surgeon - New York

Daughter: Lamiya Rizvi, Physician in training

# GROUPS



# M. Basheer Ahmed M.D. FRCPsy(London), FRCP (Canada)

10 Homeplace Ct. Arlington TX 76016 [mbahmed05@yahoo.com](mailto:mbahmed05@yahoo.com) 817-907-6080

Former Professor of psychiatry, UT Southwestern Medical School, Dallas, TX

Chairman, Muslim Community Center for Human Services



Dr. Basheer Ahmed is a distinguished fellow of the American Psychiatric Association, USA. He held faculty position at Albert Einstein College of Medicine, New York; Wright State University Medical School Dayton, Ohio and Professor of Psychiatry at Southwestern Medical School, Dallas, Texas. He had private practice of Psychiatry in Fort-Worth, Texas from 1985-2005. He served as Medical Director of Department of Psychiatry in several hospitals in Fort-Worth, Texas.

He has made several Presentations in National and International Meetings and has numerous publications in National and International Medical Journals.

Dr. Ahmed is the founder and chairman of Muslim Community Center for Human Services, North Texas – A medical/social service organization providing health services, social services and domestic violence services to the indigent residents of North Texas. He recently received the Humanitarian Award from Tarrant County Medical Society for his community services. He has recently edited a book, "Domestic Violence – Cross Cultural Perspective."

Dr. Ahmed has served as the past President of Texas Society of Psychiatric Physicians, Tarrant Chapter and President of Islamic Medical Association of North America.

He is the founder member and President of Institute of Medieval and Post- Medieval studies of North Texas. He edited two books – "Muslim Contributions to World Civilizations" and "Islamic Intellectual Heritage and its Impact on the West".

Dr. Ahmed received several humanitarian and community services awards from Association of Pakistani Physicians North America, DOW Graduates Association of North America, Pakistani Community Services of North Texas, Islamic Society of North America and Tarrant County Medical Society of North Texas.



Dr. Basheer receiving Humanitarian Award, Jan 08, from Tarrant County Medical Society

His wife Shakila Ahmed, M.D., is a radiologist. His son Sameer and Daughter Araj are attorneys practicing in Houston and Washington, DC, respectively.

Handwritten note: *Adopted by mbahmed05@yahoo.com*

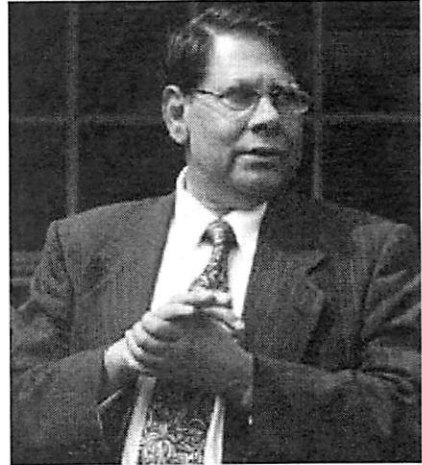
Handwritten note: *Ahmed al-Saleh*

Handwritten notes: *Zehra Asheer*, *Shakila 15*, *R LABM*

# Laughter is the Best Medicine

## Compiled by M.Basheer Ahmed, M.D.

Scientists have found that laughter has the ability to reduce cholesterol, lower inflammation in diabetic patients, reduce the sensation of pain and reduce heart attacks. "The ability to laugh, either naturally or as learned behavior, may have important implications in societies such as ours where heart disease remains the number-one killer." There's a lot of research being done in Japan on laughter right now. There are finding out that laughing may be beneficial for people with arthritis, skin conditions and allergies. Laughter is also found to have a protective capacity against certain viruses, bacteria and other micro-organism.



Laughter yoga is a growing phenomena world wide. The first club was started in 1995 by Madan Kataria M.D. of Mumbai, India. Kataria gathered a group of people together in a public par and began telling jokes to get them laughing. When he ran out of jokes, he hit upon the idea that faking laughter could be as good as the real thing. The experiment was a success. There are now more than, 8000 laughter yoga clubs in 60 countries. A quick web survey found more than 600 in the United States alone, some with fun names like the Roaring Mouse Laughter Club, in Seattle, and the Laughing Librarians, in Pelham, Alabama.

Edward de Bono M.D. of Malta and Oxford England, who lectured extensively on creative thinking, believed that humor is by far the most significant characteristic of the human mind. Its essential role, he says, is to find new ways to think about and view the world, which helps us create new solutions to problems.

Sharing a laugh with someone promotes friendliness, helps us to avoid or defuse misunderstandings, and makes us appear likeable and non-threatening.

Visit: Laughter Yoga International ([www.laughteryoga.org](http://www.laughteryoga.org))

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A mother was walking along with her four-year-old daughter who picked up something off the ground and started to put it in her mouth.

"Oh no," said the mother, "don't do that!"

"Why?" asked the girl.

"Because it's been on the ground and has germs," explained her mom.

The daughter thought about that, then said, "Wow! How do you know all this stuff?"

Her mother smiled and said, "It's on the mommy test... you have to know it or they don't let you be a mommy."

"Oh," the girl replied. They walked in silence, then the kid observed, "I get it! Then if you flunk, you have to be a daddy!"

### **With Due Respect to Our Wives**

- \*I take my wife everywhere... but she keeps finding her way back.
- \*I asked my wife where she wanted to go for our anniversary. "Somewhere I haven't been for a long time," she answered. So I suggested the kitchen.
- \*Marriage is a three-ring circus... engagement ring, wedding ring, and suffering.
- \*Two times a week we go to a nice restaurant, have a little beverage, good food and companionship. She goes on Tuesdays, I go on Fridays.
- \*We sleep in separate beds. Hers is in California and mine is in Texas.
- \*We always hold hands. If I let go, she shops.
- \*Remember, marriage is the number one cause of divorce.
- \*I married Miss Right. I just did n't know her first name was Always.
- \*I haven't spoken to my wife in 18 months. I don't like to interrupt her.
- \*The last fight was my fault, though. My wife asked, "What's on the TV?" I said, "Dust."
- \*Several women appeared in court, each accusing the other of the trouble in the flat where they lived. The judge called for orderly testimony. "I'll hear the oldest first," he decreed. The case was closed for lack of evidence.
- \*My wife thinks "freedom of the press" means no-iron clothes.
- \*A husband, the owner of a new car, was somewhat reluctant to allow his wife to drive his prize possession even to the grocery store which was a few blocks from the house.
- \*After she insisted, he finally relented, cautioning her as she departed, "Remember, if you have an accident, the newspaper will print your age!"

### **Just for laughter**

#### **With due respect to Radiologists**

Refer your patient to one of the best radiology groups in town. But a few days later, he's back in your office—and hasn't enjoyed his trip to the radiologist one bit. Language, not the radiologist, may be at fault. Suppose someone you've sent for a chest X-ray reads in your request that he's a "55yo male SOB." You know you're concerned about his shortness of breath, and don't mean to imply anything about his parentage or personality. But can you blame him if he gets the wrong idea?

When you refer a patient with testicular pain for ultrasound, he knows to expect an examination of an area about which he's rather sensitive. But when he hears the radiologist tell the technologist to use the "small parts scanner," the patient naturally assumes that the doctor, long experienced in such matters, has found him lacking in essential substance. Do you suppose anyone will bother to explain that the radiologist was simply specifying a high-resolution instrument used to study superficial organs? Come to think of it, the last part of that explanation could also be better phrased. Or consider a woman you send for an upper GI series. Suppose she hears the technologist asks the radiologist whether he's finished with the previous patient. The reply—"Hang him!"—may scare her right out of the office. She has no way of knowing the radiologist was merely instructing the technologist to prepare the films for viewing ("Hang 'em").

Similar confusion can arise among tomography patients, when they hear a doctor in the viewing room suggest "taking a few more cuts through the neck." Although a standard way of referring to body sectional images, it's the kind of talk that can send a patient clutching nervously at his throat.

Jargon can also complicate things in angiography. Once, with a woman who weighed more than 300 pounds on the table awaiting an arteriogram, a radiologist opened the door and asked, "Is the pig on the table?". Although he was just checking



that the pigtail catheter was ready for the procedure, no doubt the poor woman was horribly offended.

Or consider the ultimate in angiographic misapprehensions. From outside the suite a waiting patient first hears someone told, "Hold still!" Moments later, another command—"Shoot!"—followed by a loud rat-a-tat-tat, and, a few seconds after that, a piercing scream. The patient outside doesn't need a vivid imagination to conclude that he's overheard an execution—rather than a normal reaction to the hot sensation of a contrast injection.

Reference:

James L. Burkhalter, M.D.

Medical Economics Feb. 1998.

### **WITH DUE RESPECT TO PHYSICIANS TAKEN FROM ACTUAL MEDICAL RECORDS**

- "Patient has chest pain if she lies on her left side for over a year."
- "On the 2nd day the knee was better and on the 3rd day it disappeared completely."
- "The patient has been depressed ever since she began seeing me in 1993."
- "Discharge status: Alive but without permission."
- "Healthy appearing decrepit 69 year-old male, mentally alert but forgetful."
- "The patient refused an autopsy."
- "The patient has no past history of suicides."
- "Patient has left his white blood cells at another hospital."
- "Patient's past medical history has been remarkably insignificant with only a 40 pound weight gain in the past three days."
- "Patient had waffles for breakfast and anorexia for lunch."
- "She is numb from her toes down."
- "While in the ER, she was examined, X-rated and sent home."
- "The skin was moist and dry."
- "Occasional, constant, infrequent headaches."
- "Patient was alert and unresponsive."
- "She stated that she had been constipated for most of her life, until she got a divorce."
- "I saw your patient today, who is still under our car for physical therapy."
- "The patient was to have a bowel resection. However, he took a job as a stockbroker instead."
- "Patient has two teenage children but no other abnormalities."
- "Skin: Somewhat pale but present."
- "Patient was seen in consultation by Dr. Blank, who felt we should sit on the abdomen, and I agree."
- "By the time he was admitted, his rapid heart stopped, and he was feeling better."
- "The patient was in his usual state of good health until his airplane ran out of gas and crashed."
- "When she fainted, her eyes rolled around the room."
- "Patient was released to outpatient department without dressing."
- "The patient will need disposition, and therefore we will get Dr. Blank to dispose of him."
- "The patient expired on the floor uneventfully."

# Ahmed Sayeed

M.D., F.R.C.Path, F.C.A.P

Registrar Guy's Hosp. London; Sen. Reg. United Manchester Hosp.

Consultant Pathologist – Sheffield Area Health authority, UK

Current – Solo Practice in Pathology, Houston Area.



First to be admitted in Students 'Medical Ward even before the classes started in First yr. (Viral Hepatitis). First to leave the country after graduation.

## Family:

Wife: Fatima, Phycian (Dow 1966) Family Practice.

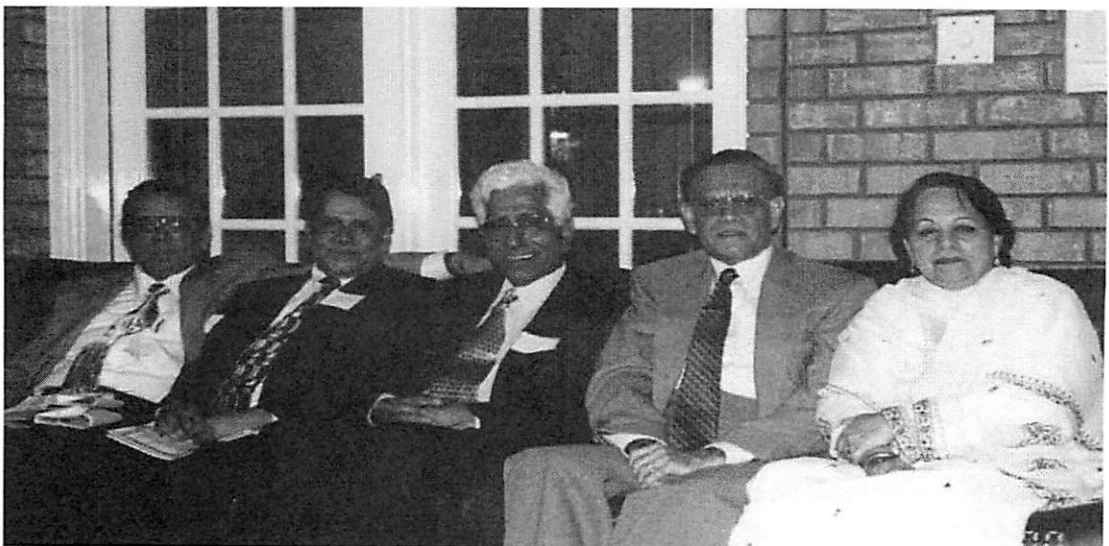
Daughter: Amina Sayeed, Graduated-Univ. of Texas-Houston, practicing as OB-Gyn in Texas

Grand daughters: Nadia & Alia

Address: 1 E. Rivercrest Dr., Houston, TX 77042, USA

Tel: 713-446-0379

E-mail: sayeed\_36@hotmail.com



**Dr. Sayeed with Drs. Basheer Ahmed, Prof. Adib Rizvi, Ali & Farhat Jumshyd**

**Congratulation**  
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Karachi, Pakistan  
**Class of 1960**  
**Golden Jubilee Event**

**With complements from**

**Waheed Haque, M.D.**  
(DOW Class of 1962)

**Abida Haque, M.D. (Osmania)**  
President Elect Islamic Medical Association of North Texas

**Sajid Haque M.D.**  
UT Medical School, Galveston, TX  
**Misha Haque M.D.**  
Baylor Medical College Houston, TX

# **Dr. Ghazala Ansari**

Director TB Center in Karachi - Retired



Family:  
Husband: Late Razi Ansari  
Three married daughters: Deeba, Nighat are physicians living in USA.  
Nasheed lives in Karachi.

## **College Days were fun!**



Best Wishes to the  
**Dow Medical College**  
Class of 1960

On  
**Golden Jubilee Reunion**

on April 10, 2010 in Houston, Texas

And Heartiest Love and Duas  
For a Great Father, Guide and  
Supporter:

**Manazir Shamsi, MD**

From

Farrukh Shamsi, MBA  
President,  
Texas Clinic Healthcare System  
& Family:  
Wife Farhat  
and Children Juhee, Zeeshan,  
Armaan, & Raabee

Farhan Shamsi, BS (HRM)  
Executive Director  
Texas Clinic Westview  
& Family:  
Wife Diba  
and Child Samee



## Manazir Shamsi, M.D.



**Medical Director**

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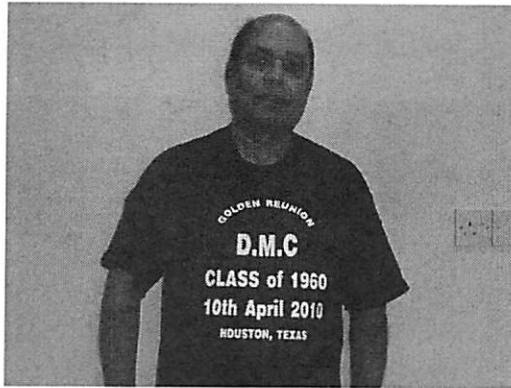
Currently actively involved in Opiate Dependence Treatment.

Certified by: American Board of Psychiatry & Neurology, Royal College of Psychiatrists London, Royal College of Physicians & Surgeons London, American Society of Addiction Medicine, American Board of Addiction Medicine

Life Fellow American Psychiatric Association, Life Member Harris County Medical Society, Founding Member American Academy of Addiction Psychiatry

**FAMILY:** Married to lovely wife, **Shamim** in 1963, she holds active license in Texas as Independent Real Estate Broker. We are fortunate to have two very successful sons, older son **Farrukh** is married to **Farhat**, they have four children. Younger son **Farhan** is married to **Diba**, they have one child. All live in Houston.

# A QUIZ - PARTS OF THE HUMAN BODY



by Dr. Sheikh Amin

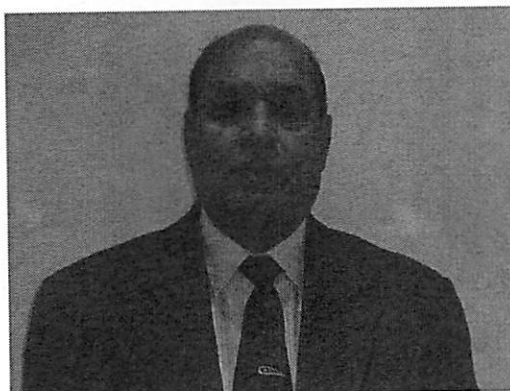
The clues represent parts of the human body. Many of the answers are phonetic or trick spellings.

- 1) Tugs boat does it
- 2) Miniature General
- 3) Joins wood together
- 4) Two students
- 5) Prepare for war
- 6) Loser to a tortoise
- 7) A large box
- 8) Place of worship
- 9) An accusing pointer
- 10) Measures distance
- 11) A part of a river
- 12) Do not stick this in other people's business
- 13) To do with the sea
- 14) Humorous calcium callus
- 15) The top master
- 16) Edge of a bowl
- 17) Some thing to cry on
- 18) Porcupines have more than one
- 19) Add P to the name of a great singer
- 20) Character in Shakespeare's Mid Summer night dream
- 21) Pumping station
- 22) Pig on a string
- 23) Producer of veal
- 24) Bearer of coconuts
- 25) Trendy
- 26) Front rib ends join it
- 27) Path in space of a planet
- 28) You could bruise them in boxing
- 29) Tip of breastbone
- 30) Jewellery hangs from them

Successful completion of this quiz, will give your MBBS in 2010. See the answers page no. 60

# Sheikh Muhammad Amin

M.B.B.S; D.T.M & H.M.R.C.G.P



After doing house job in Civil Hospital, and working at KPT & National Tyre and Rubber, Farhat & I got married and came to England in 1963. I did jobs in Internal Medicine with an interest in Respiratory Medicine. In 1970 returned to Pakistan, the timing was unfortunate. This was the time of the breakup of Pakistan, with East Pakistan becoming Bangladesh. We found it difficult to settle and returned to England. I opted for General Practice. I continued the practice of family medicine until the retirement in 1997.

Elected as Public Governor of the Barnsley Hospital Foundation Trust from 2005 to 2008. Play Golf, travel and family are my main pursuits now. Been married for 46 years, have 3 married children and six grandchildren.

---

## THE CLASSMATES WHOSE BIO-DATA WAS NOT RECEIVED.

**Mushtaq Ahmed**, Lives in Stafford, England.

011.44.785600046 ; [ahmedsabrina@hotmail.com](mailto:ahmedsabrina@hotmail.com)

One daughter Sabrina is a physician and practices in Stafford, England.

**Abbas Alamdar Hussain**, Lives in England. 011.44.1246810732

**Sulaiman Vohra**, Lives in England. 011.44.1282614815/51

**Aslam Qureshi**, Practices in England, 011.44.12085989721

**Mohammed Sulaiman**, Practices in England, 011.44.1282861919

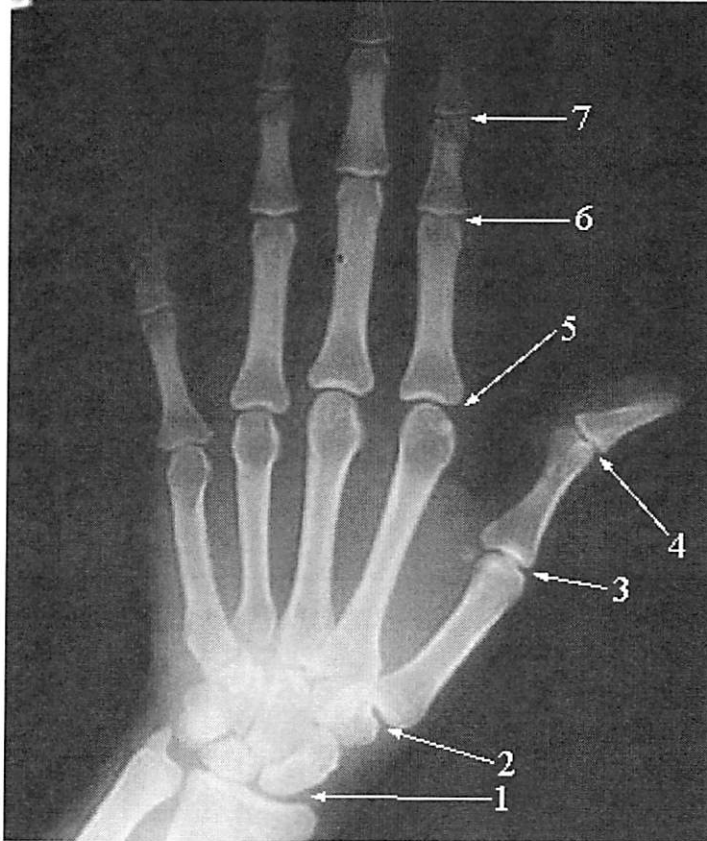
**Zakia and Qaiser Ali**, Live in Sheffield, England.

**Sheila Raicar**, Lives in England.

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**Drs. Mohammad &  
Parveen Athar**

# Nuzhat Farid Rahman M.D.

Retired Physicians, Houston-Texas



After graduating from DOW Medical College, completed internship and moved to United States in 1964. Completed pediatric training and fellowship in Pediatric Neurology and Genetics at Riley Hospital in Indianapolis, Indiana.

After getting married settled down in Peoria, Illinois, husband Dr. Daud Rehman, Board Certified pathologist, practiced in Peoria for 31 years. They both retired and moved to Houston-Texas in year 2000.

Oldest daughter: Neelofur Rahman M.D. is practicing Oncology in Houston-Texas. The other two daughter and son are lawyers and one son is a teacher in North East. Nuzhat and Daud have 8 grand children.



Good Old Days!

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Atlanta, GA 30345  
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Fax: 678-916-3505

PAKISTAN NEWS (Lafayette)

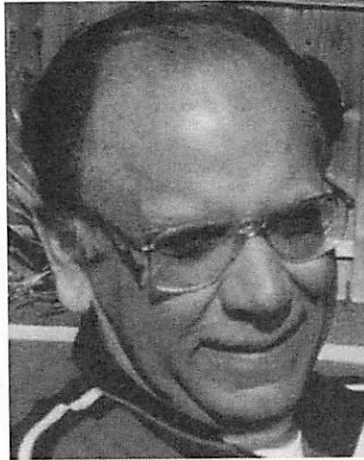
19

January 24 to January 30, 2010



# M. Hafeezur Rahman M.D.

Allergist and Immunologist  
St. Louis, Missouri



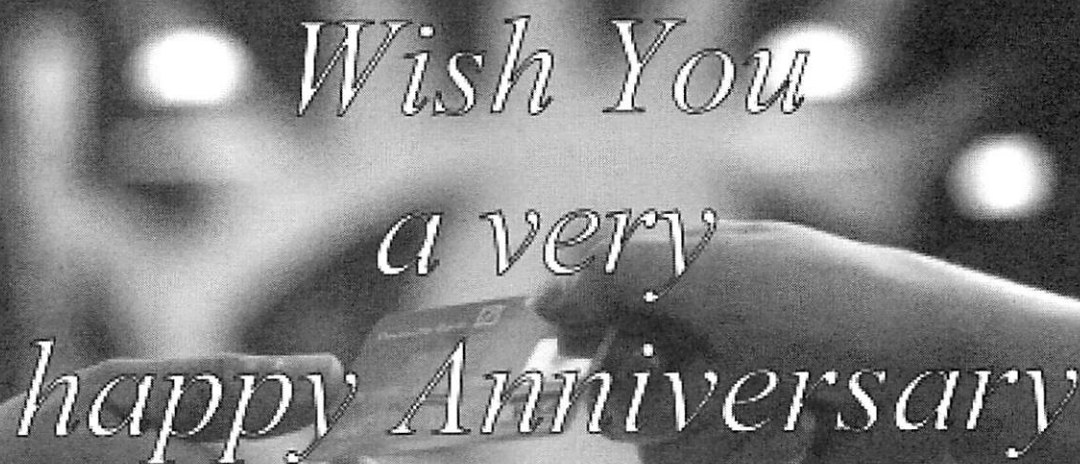
Clinical Assist. Professor : Allergy and Immunology , Washington University School of Medicine St. Louis Missouri.

After graduation, he taught physiology at DMC. for several year. He served as Co Medical Director for Pfizer and Medical Director for Bayer in Pakistan. He left these positions to become a fellow in Internal Medicine at Jinnah Post Graduate Medical Center in a program initiated by Indiana University School of Medicine and also worked as a Registrar in Medicine. He later went to the Department of Pediatrics at JPMC and obtained a Diploma in Child Health and Membership of the College of Physician and Surgeons of Pakistan and published research papers with international co authors. He came to the United States in 1971 In 1972 became a teaching fellow in Pediatrics as University of IL school of Medicine. He then went to the University of Kansas School of Medicine and University of Missouri Kansas City School of Medicine as a fellow in Allergy and Immunology. After completing this training he taught at the Children Hospital in St. Louis and then went in private practice keeping his clinical position at the University

He has been the pioneering member of the Association of Pakistani Physicians of North American and Life member of the Islamic medical Association from their very early years. He has served as a president of the Dow Graduate Association of North America and now serves as one its trustees.

He is board certified in Allergy and Immunology a conjoint board of American Board of Internal Medicine and American Board of Pediatrics. He is an elected fellow of the American Academy of Allergy Asthma and Immunology, and American College of Allergy Asthma and Immunology.

He is married and has three children and 6 grand children and lives in St. Louis Missouri He is an important leader active in educational and social activities in the St. Louis Muslim Community



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# Rasheed Ghani M.D.

4350 Boomer Rd. Cincinnati, OH 45247

(513) 481 – 7070

Currently practicing Family Medicine & Pediatrics 30 year



Undergraduate from D.J. Sindh College

MBBS from DOW Medical College, Karachi Pakistan in 1960

After spending two years in Saudi Arabia, he worked in United Kingdom for several years. After completing residency in Pediatrics, he started practice in Cincinnati Ohio.

He is certified in Pediatrics by the Royal College of Physicians, London and he is a fellow of the American Academy of Family Physicians.

He is married for 40 years to Razia Naz and has three children

1. Faris Ghani MBA, Chief Financial Officer,  
Emirates Bank, Riyadh (Saudi Arabia)  
Wife: Sarah 2 sons Shuja 10 years Taha 5 years
2. Assad Ghani MBA, Manager of Business Intelligence,  
Silver Cress Hospital (Illinois)  
Wife: Sumbul
3. Daughter: Saleha, Masters in Journalism, London College of Communications.  
Husband: Faisal Mohsin, MBA Architecture, London  
Universi-Architect. Grimshaw. Inc. London

---

## THE CLASSMATES WHOSE BIO-DATA WAS NOT RECEIVED.

**Ahmed Farouk Azam**, FRCS ENG. Retd. Consultant Surgeon, Lives in Cape Coral, Florida. Married to Rukhsana. Has two sons and two Daughters.

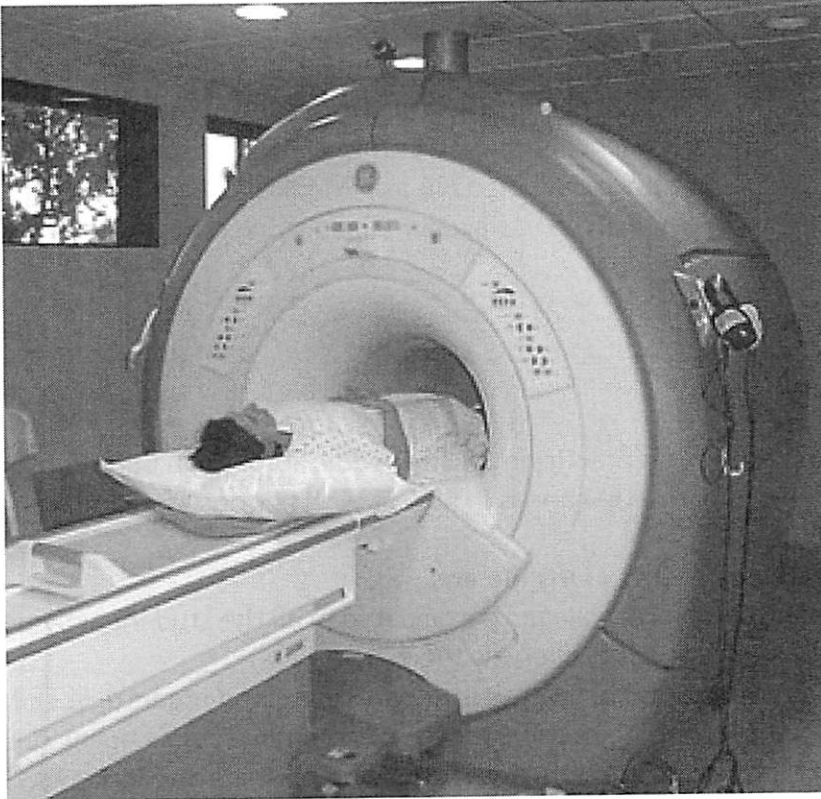
**Hassan Ibn Aziz**, Retired, Lives in Cedar Hurst, New York. 516.569.2450

**Syed Baqir Hussain**, Lives in Saskatchewan, Canada. [baqir786@hotmail.com](mailto:baqir786@hotmail.com)  
306.922.1556

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**Drs. Zaheer & Rafat  
Qureshi**

# Nazir Said Ahmed

Retired Sr. Medical Officer, Pakistan International Airline



Obtained B.Sc. from D.J. Science College, Karachi and completed MBBS from DOW Medical College, Karachi. After completing the House Job, worked as Medical Officer, Korangi Health Center, Karachi and served as R.M.O. Civil Hospital, Thatta – Sindh. After a short period in private practice joined PIA as a Medical Officer in PIA Medical Center, Karachi and later was transferred to Rawalpindi. Enjoying retirement since December 1994.

## **Family:**

Married in 1966

2 Children

Son: Dr. Ali Ahmed, who is practicing as Orthopedic Surgeon in Cardiff, South Wales

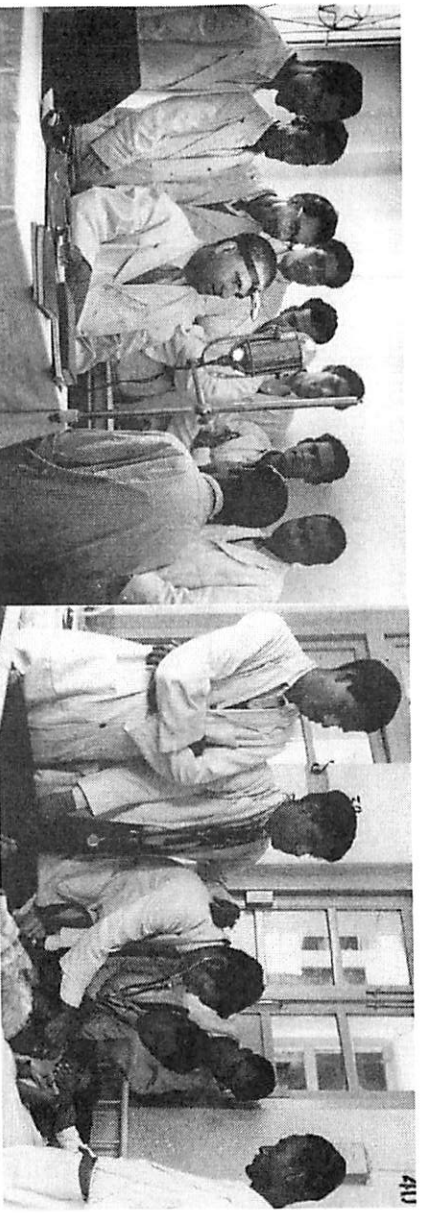
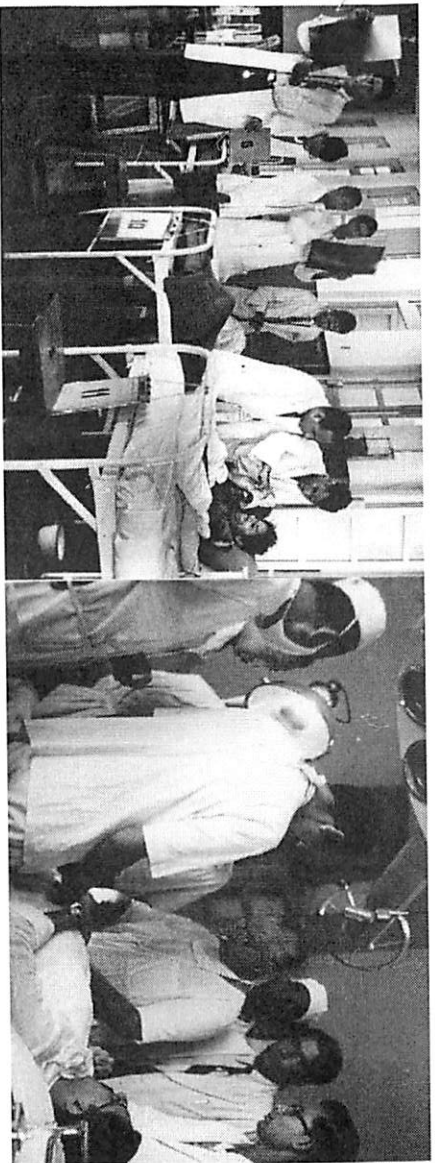
Daughter: Munnazah, married and is in Kuwait with her husband and children

## **Most memorable moments of my life are:**

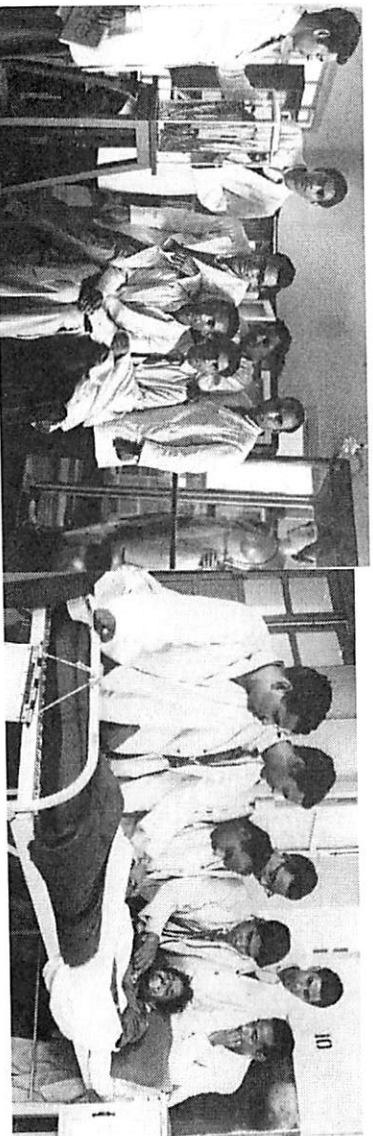
1. While in the medical collage I participated in all the student activities practically during annual student Union elections.
2. Most important of moments was to participate and organize FETE Mela to raise funds for our Lending Library, above the common room's building.
3. Enjoyed playing badminton in the backyard of Anatomy Dept. with Zaka, Nizani, Shamsi, Shafique and others.
4. The first day of my admission in the collage it was really the start of my life.
5. I still remember and recollect Professor Dr. Wahid, Head of the Anatomy Department for his grace and light jokes during his lecture making the subject interesting and easy.
6. Also remember Professor Charles Reed of Physiology Department with his dreadful face.
7. Remembering those old golden days learning medicine by Prof. Maj. Hasan, Surgery by Prof. Siddiqui.

**I wish all of my classmates to have long life with happiness and pray for blessings of Allah for those who are no more among us.**





Clinical Rotations  
We worked hard during college days!





# KAMAL A NIZAMI, M.D.

570 Center Avenue  
Weston, WV 26452-2158

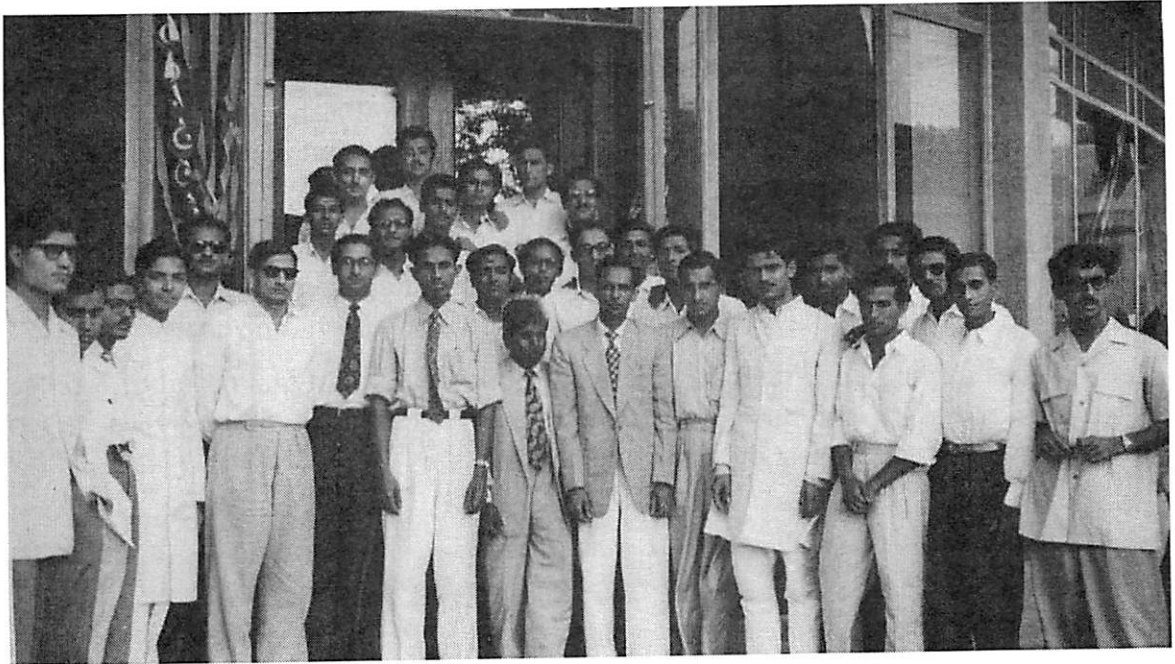


Currently living in Weston, West Virginia, USA. Moved to United States in 1974. After working in North Carolina for one year and getting full license, in 1975 moved to Weston, West Virginia which became my home in USA. Worked as a Clinical Director of Weston Hospital through 2005.

In Karachi at Dow Medical College, I was fortunate to have trust and confidence of my class fellows. They elected me as their Class Representative in third year as well fourth year and asked me to be Interim President of Dow Medical College Students Union. I completed four years post graduate Fellowship in Medicine at College of Physicians and Surgeons of Pakistan. I was commissioned in Army up to rank of Captain in 1965 and 1971. Before moving to United States, I was Senior Registrar and chief of Special Ward at Jinnah Postgraduate Medical Center.

In November 1990, West Virginia's secretary of state awarded the certificate of appointment as West Virginia Ambassador of Goodwill among all people.

**FAMILY:** Fortunate to be married to Ghazala who has always been very supportive. She is involved in volunteer work in community. We have two children, both live in USA. Our daughter, Fauzi Rizvi is Board Certified in Internal Medicine and currently is Clinical Director of Frederick Hospital in Maryland. She was recently elected Fellow of Society of Hospital Medicine. Her husband, Farrukh Rizvi is PhD in Parasite Immunology from Aligarh University and was a Gold Medalist. They have three daughters. Our son Saleem is Pharmacologist as well CPA in a pharmaceutical company. His wife Denitra is a Registered Dietician in a pharmaceutical company. They have two sons.



# Dr. Mohammed Ishaque

B.Sc. , M.B.;B.S. Retired family physician  
1, Firs Park Crescent, Aspull, Wigan WN2 2SJ, UK (44)1942-255146



Family: Wife: Brenda; Two sons - Bari & Jonathan

## **Sports Activities in Our Time**

**By Dr. Mohammed Ishaque**

Since the early days of our Medical College, there were interclass tournaments for the boys in Hockey, Cricket, Football, Volleyball, Badminton and Tennis and for the girls, Netball, Badminton and Tennis.

The Academic year of 1955-1956 was our first year and our class won the Volley ball tournament beating the final year. Co-incidentally our girl's team also won the interclass Netball contest. Prominent girls in Netball team of our class were Rabia Sultana (Karim), Nuzhat Farid(Rahman), Farhat Jamal(Jumshyd) and Mehar Hasan. Mehar Hasan was also ladies atheletic champion of the College for two times.

Among boys the prominent sportsmen of our class were Karimuddin, (Cricket), Kamil Kazi(Swimming), Saeed Dahmee(Badminton), Shaikh Amin (Mr DMC), Anklesaria(Tennis), Moinul-Haq (all rounder), Basheeruddin and myself(Hockey). These members also represented in all-College team.

It was a privilege for me to be Atheletic Secretary in third year, and Hockey Captain in Final year. On the whole our class contributed immensely to the College Team which took part in the inter-college tournaments of Karachi University.

I cherish the happy memories of the bygone days, and I feel proud to recollect my thoughts and pen it down for our Souvenir Magazine of 50th Anniversary of Graduation. Wish you all best of health and happiness.

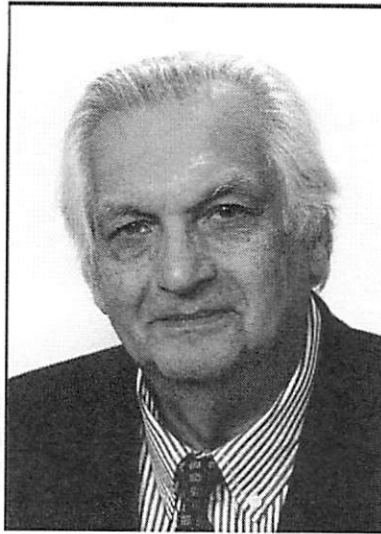


# Rafiq Patel, M.D.

FRCS (England) FACS

1952 Pulaski Highway Edge wood, Maryland 21040

(410) 676-2600, (410) 679-5800



After graduating from DOW Medical College, completed FRCS in 1964. Served as a Consulting Surgeon, S.I.T.E. Hospital in Mangopir – Karachi - Pakistan, Senior Consulting Surgeon in Masoomeen Charitable Hospital – Karachi – Pakistan, Assistant Professor of General Surgery in Civil Hospital & Dow Medical College –Karachi – Pakistan.

After completing residency in General Surgery in USA, started private practice in 1975 in Maryland. Held several administrative positions, President, Medical Staff in Fallston General Hospital (1979), Medical Director in Fallston General Hospital (1980-9187), General Surgeon in Liberty Medical Center, Baltimore, Maryland (1990-Present).

## **Professional Memberships:**

American Academy of Medical Directors, American College of Surgeons, American Medical Association, Harford County Medical Society, Medical & Chirurgical Faculty of Maryland, Society of American Gastrointestinal Endoscopic Surgeons (SAGES), Laparoendoscopic Society, American Society of General Surgeons, American Academy of Aesthetic & Restorative Surgeons, International College of Physicians and Surgeons and British Medical Council. He also served on the Governing Board of Aga Khan Hospital, Karachi.

## **Family:**

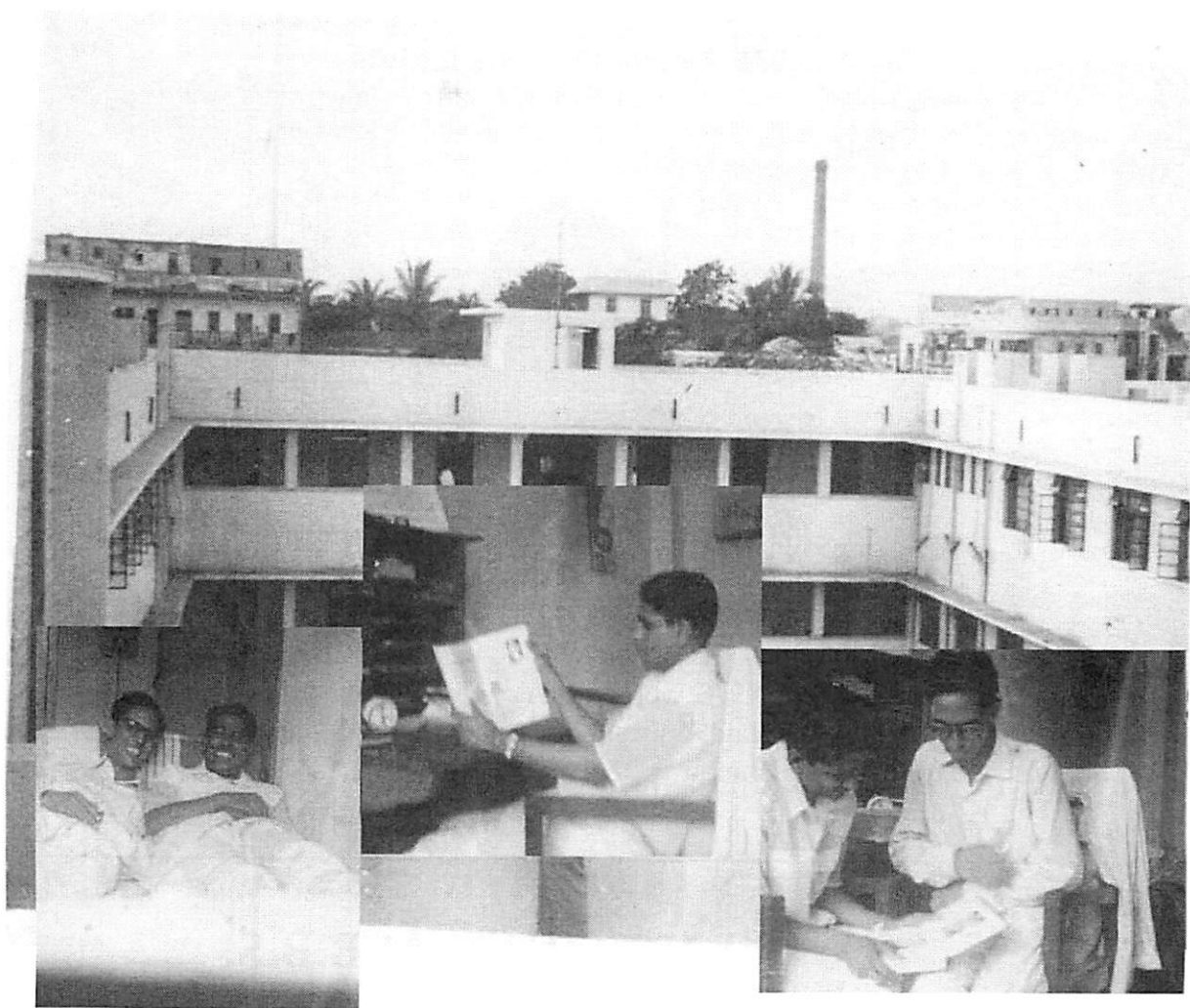
Married and has 3 children:

Maheen, practicing psychiatrist in Washington D.C.

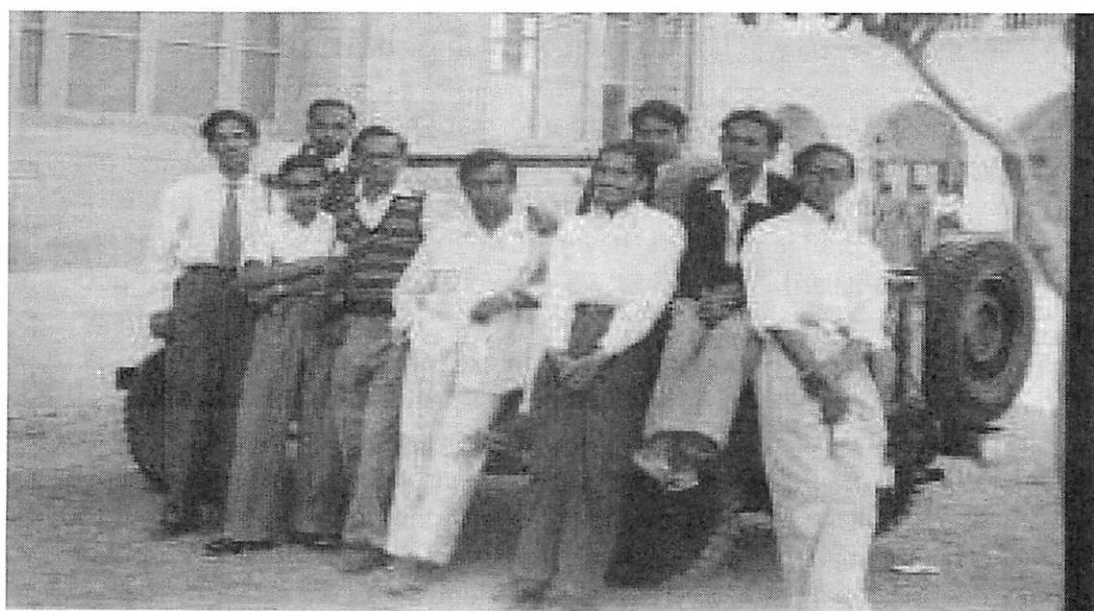
Samia, Lawyer practicing in New York

Riaz, owns AXIAL Production Movie Company– Hollywood L.A.





## Life in hostel





# DR. IQBAL (HABIB) AHMED

934 W. Austin Dr. Peoria, IL 61614

Ph: 309-693-0030

Cell: 314-304-3987

[faiyazmd@excite.com](mailto:faiyazmd@excite.com)



After completing the House Job in OBGYN at Jinnah Hospital, Worked as Assitant Civil Surgeon at Civil Surgeon's Office, Karachi and Resident Pathologist in Jinnah Hospital. Between 1967 and 1970, worked as Assistant Pathologist at Loyce Green Hospital, Dartford, Kent U.K. and Assistant in Pathology, Akron Children Hospital, Akron, Ohio. Married to Dr. Faiyaz Ahmed

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## A.W. AWAN, M.B.B.S.

Rowan House, 1 Longmead Close, Norton St. Philip, Bath BA2 7NS, UK

Ph: 01373834184

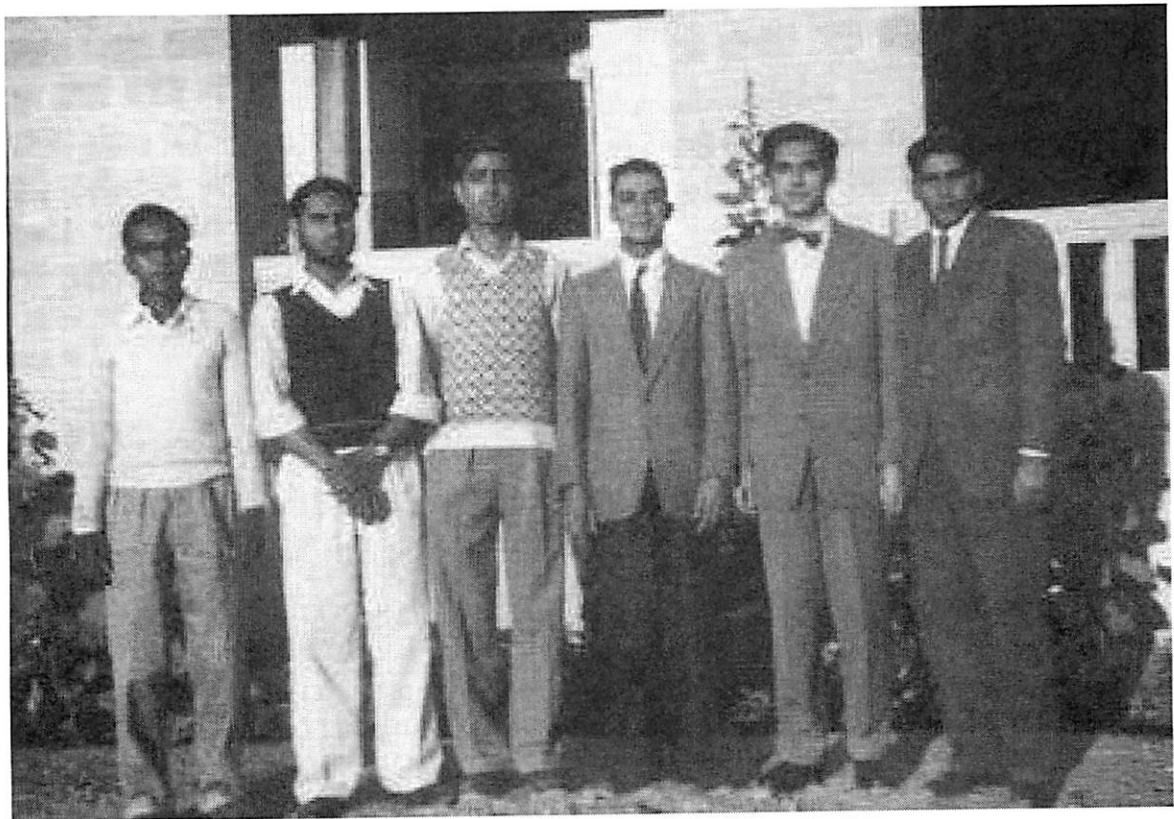
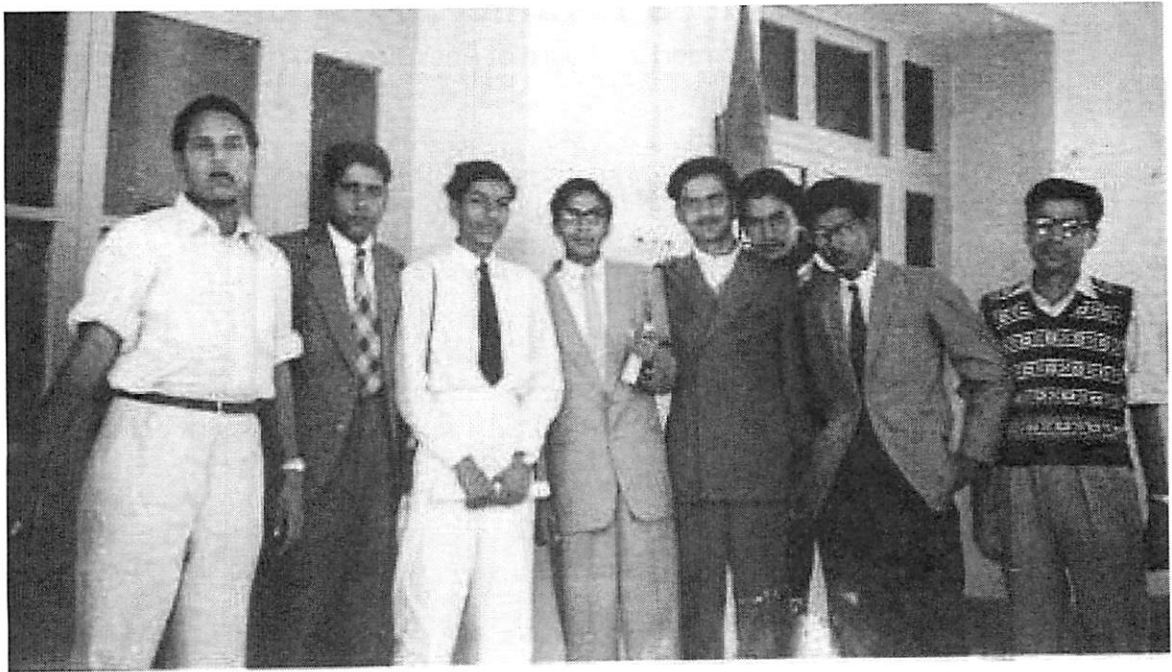
Cell: 07770795222

Email: [drawan@tiscali.co.uk](mailto:drawan@tiscali.co.uk)

Many thanks for your mails. I am Unable to join in the 50 years celebration. As I mentioned before I have a cruise and a mainland holiday booked since last year, along with few friends. The dates are too close. I looked into various possibilities but could not work out a solution. I wish I was able to meet old friends and join the crowd.

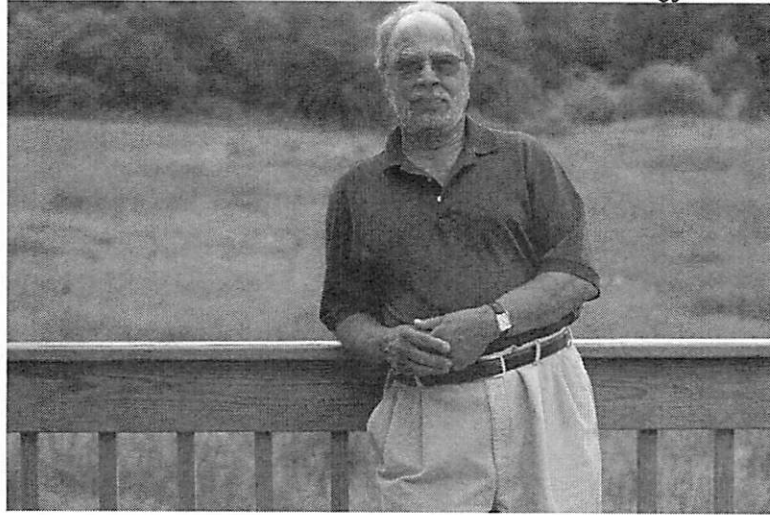
I am sure you must have collected a lot of information about class fellows. It will be good idea if you could compile a list with addresses, phone number, email address and a recent photo. We have all changed, some have dentures, some walking sticks, some have gone bald (like me) and others have grown beards of course some have not changed at all (maashallah). Thank God we are vertical and not horizontal under the ground.

After spending virtually all my working life in Halifax, Yorkshire I retired on 28 Dec 2001. I could have carried on but Angela (my wife) and I decided to move to Somerset near our son and his family. He is a Dentist. We are enjoying our grand children grow. We have a daughter. She is in London, married to a solicitor and is at present house wife. Please convey my salaam and good wishes to every one and invitation to all to come and stay with us if ever happen to pass this way (number and size is no problem). We will be only too pleased and honored to have old friends.



## **Dr. M.Saeed Dhamee, M.B.B.S**

Diplomate American Board of Anesthesiology

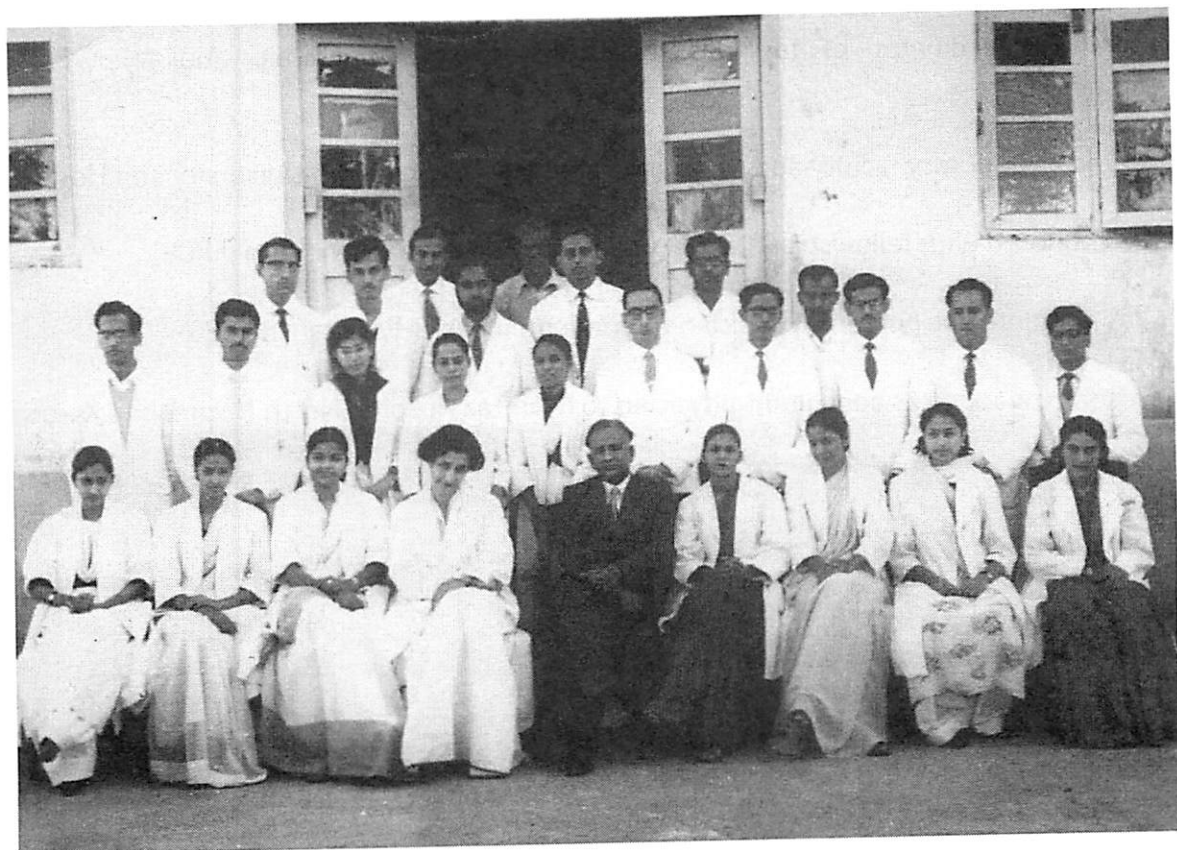


Fellow American College of Anesthesiologists  
Fellow Royal Society of Medicine, London . UK  
Fellow Milwaukee Academy of Medicine  
Member Association of university Anesthesiologists  
Member American Society of Anesthesiologists  
Ex Director of Anesthesiology Department of Anesthesiology, FMLH , Milwaukee  
Best Doctor USA list since 2004  
USA editor of Journal of Cardiac and Thoracic Surgery, Pakistan  
Ex Director Cardiac Anesthesia, Department of Anesthesiology, The medical College of Wisconsin  
Professor of Anesthesiology, the Medical College of Wisconsin, Milwaukee, Wisconsin.  
Special Interest in Cardiac, Thoracic and Vascular Anesthesia  
Clinical research  
Published several papers in the Anesthesiology Journals of USA, UK, Canada and Pakistan

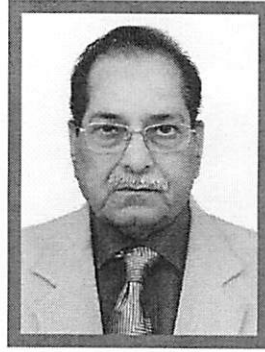
### **THE CLASSMATES WHOSE BIO-DATA WAS NOT RECEIVED.**

**Farook Azam** , FRCS, England. Retd. General Surgeon in Fort-Myers, Florida  
Wife Ruksana, Four children, One son is a physician practicing in New-York

**Mahmood Pasha**, Retd. Physician, Practised in Manchester, UK  
One son is a physician in Dubai and daughter is a lawyer who lives in Dallas.



# Dr. Ehsan-UI-Haq Choudhry



Born in 1937 Graduated (MBBS) in 1960. After house job (internship) in medicine joined Govt. service as demonstrator Dow Medical Collage and later served as Resident Medical Officer Civil Hospital Karachi. Got on-job post graduate training for fellow ship of collage of Physician & surgeon Pakistan (CPSP). Did fellow ship in medicine (FCPS) in 1968. And got inducted as consultant physician in specialist cadre of Govt. of Sindh and served in various Hospitals of the province.

Retired from Govt. service in 1996.

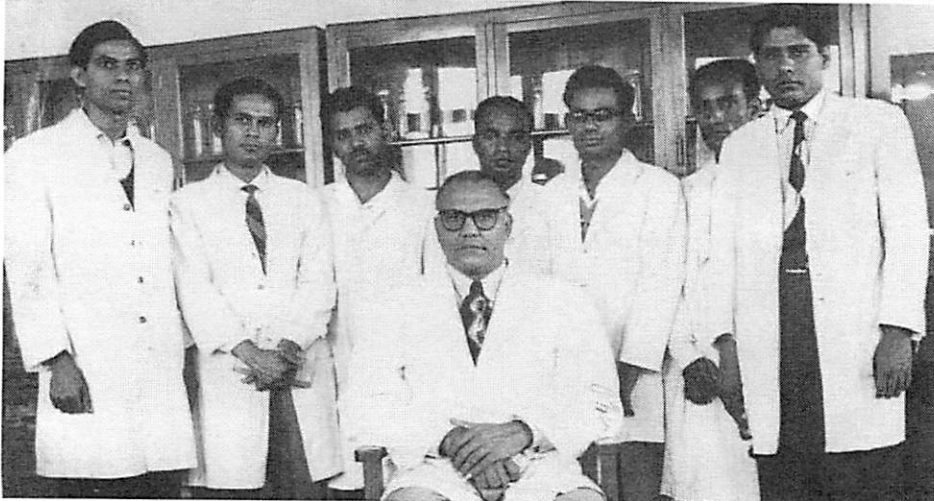
Became council member of CPSP for two terms and served the collage as Director and professor Dept. of medical education & WHO collaborating centre for research & training; coordinator of faculties; & examiner to membership and fellow ship examinations.

Served as honorary faculty and consultant physician to Aga Khan University and Hospital.

Was honored with fellowship of Royal College of Physicians Edinburgh (FRCP)

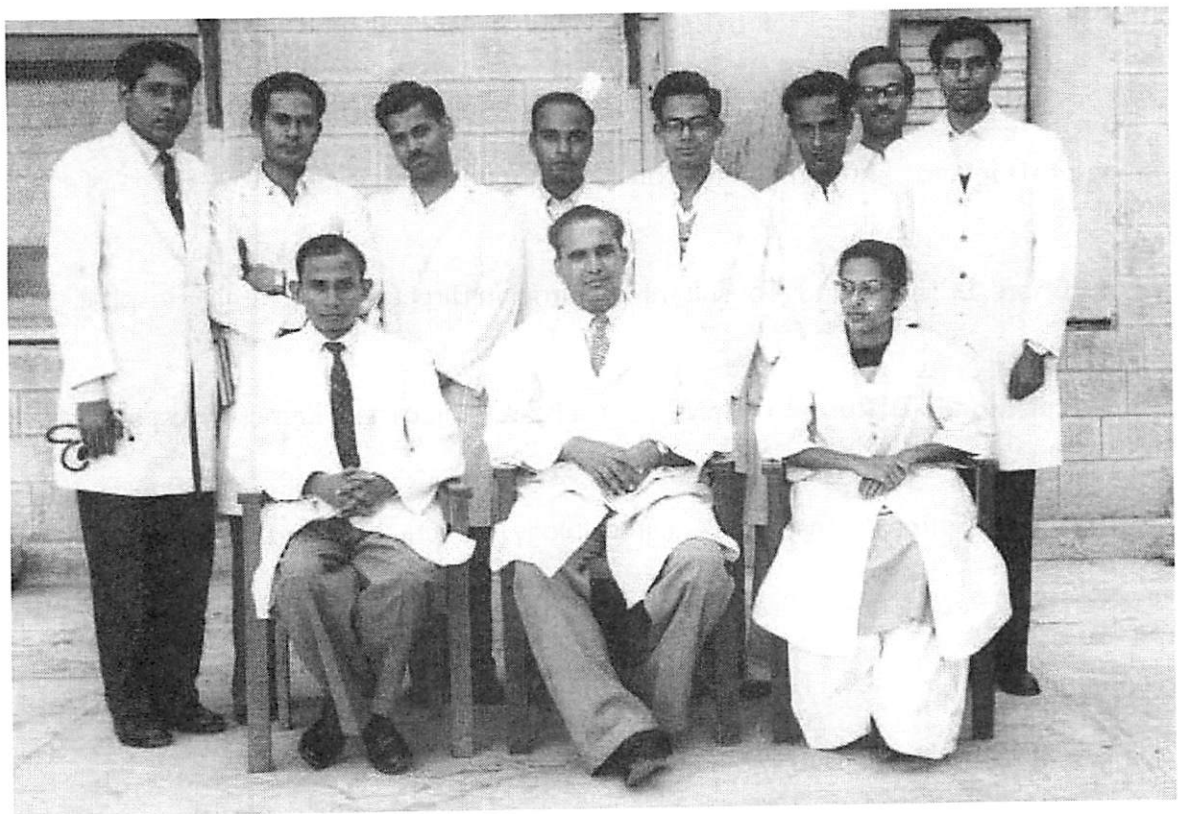
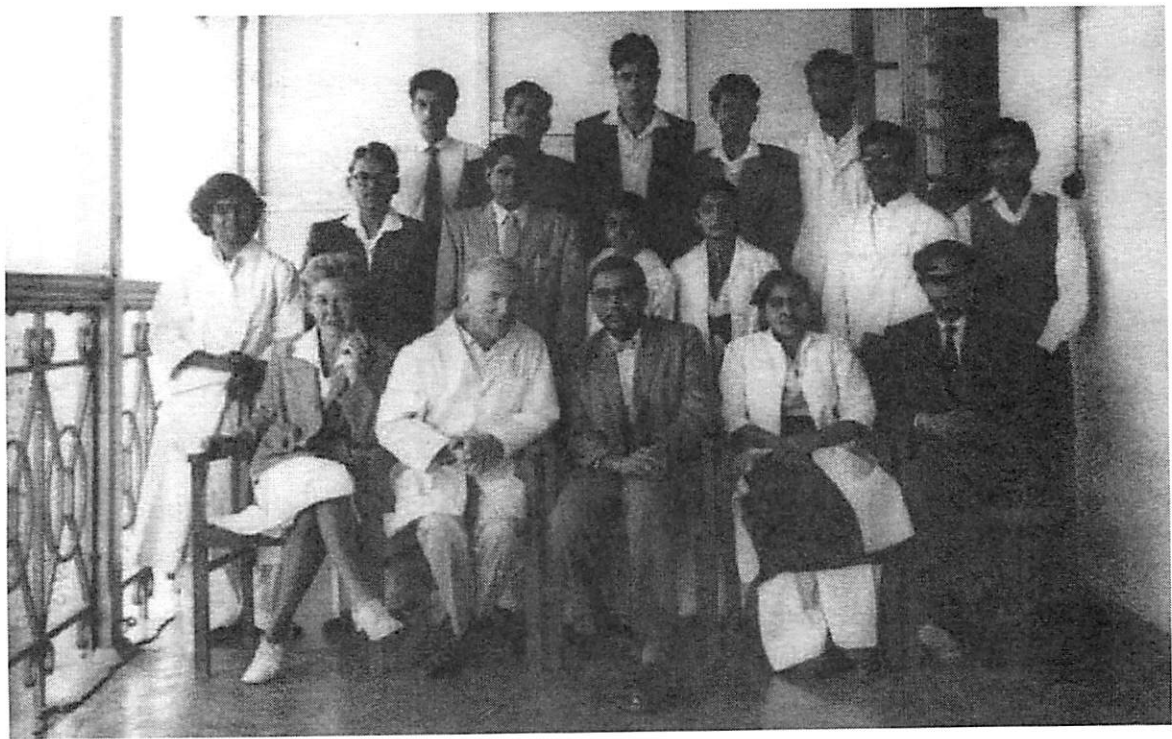
Was appointed as personal physician to prime minister of Pakistan in 1983.

Presently working as consultant physician to Mumtaz Hospital North Nazimabad Karachi.



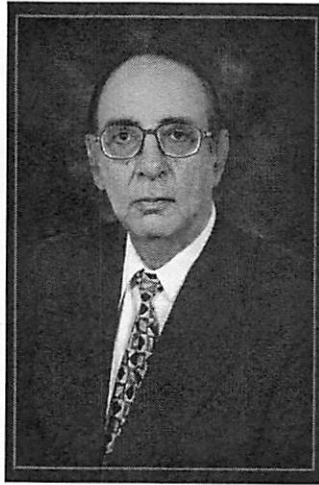
**Students with Prof. Mazhar-UI-Haq**







# Dr. Mohammed Akram



*Path*

Prof. of Pathology - Dow Medical College, Karachi and Altamash Institute of Dental Medicine, Karachi

Visiting Faculty in Karachi Medical and Dental College and Jinnah Medical & Dental College, Karachi

Now working as Histopathologist, Karachi Lab. Diagnostic Centre

Married to Dr. Salma Zaheer Vahidy in 1963, who worked as Professor of Pathology, DMC and now working as Prof. of Pathology, Jinnah Medical and Dental College Karachi.

## THE CLASSMATES WHOSE BIO-DATA WAS NOT RECEIVED.

**Inayatullah Jokhio**, FRCS, England, Prof. of Orthopedic Surgery, DOW Medical College, Karachi

**Abbas Ghani**, DCH, England, Consultant Pediatrician Director, Holy Family Hospital, Karachi

**Hazel Philemonda D' Abro**, DCH, ENG., Consultant Pediatrician, Karachi. Husband Mr. Misquita

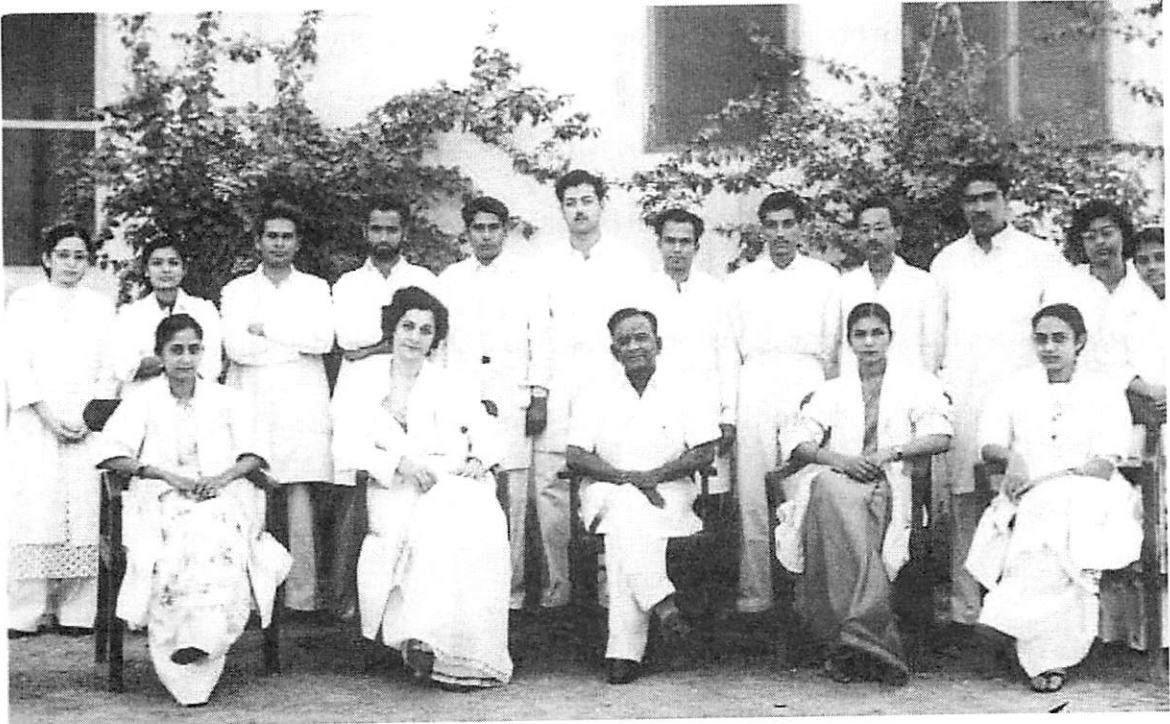
**Rashida Ahmed**, Retd. Consultant Anesthesiology, Karachi. Husband Dr. Mohsin Ahmed

**Asghari Kazi**, Retd. General Practice, Makkah, Saudi Arabia

**Mohammed Tahir**, FRCS, ENG. Consultant Surgeon, Lady Reading Hospital, Peshawar.

**Rabia and Karim**, Retd., Live in Madina, Saudia Arabia.

**Faridon Setna**, FRCOG, LOND., Consultant OBGYN, Director Shaukat Haroon Hospital, Karachi



**Dr. Kishwar R. Gill**  
MBBS, DRCOG Lond., MRCOG Lond.,  
5943 W. Elowin Drive, Visalia, Ga, 93291  
(559) 622-9601 (559) 799-3895 (C)



After completing House Surgeonship in Civil hospital, Karachi, completed Post Graduate Training in ObGyn in England and Ireland and came to United States in 1971. Completed training in Anesthesia and ObGyn in Nebraska. Started family practice in Nebraska and moved to California in 2000 where she has been active in family practice. She also became a member of Air Force Reserves in Omaha Nebraska between 1984 and 1990.

Dr. Kishwar lives with her husband in California and her daughter is a physician.

#### **THE CLASSMATES WHOSE BIO-DATA WAS NOT RECEIVED.**

**Fehmida Khatoon**, Worked in Municipal Hospital, Karachi. Married to Shabbir Siddiqui. Children live in San Fransisco.

**Nuzhat Jehan**, lives in Karachi. Married to Dr. Aqeel Khan. Two daughters.

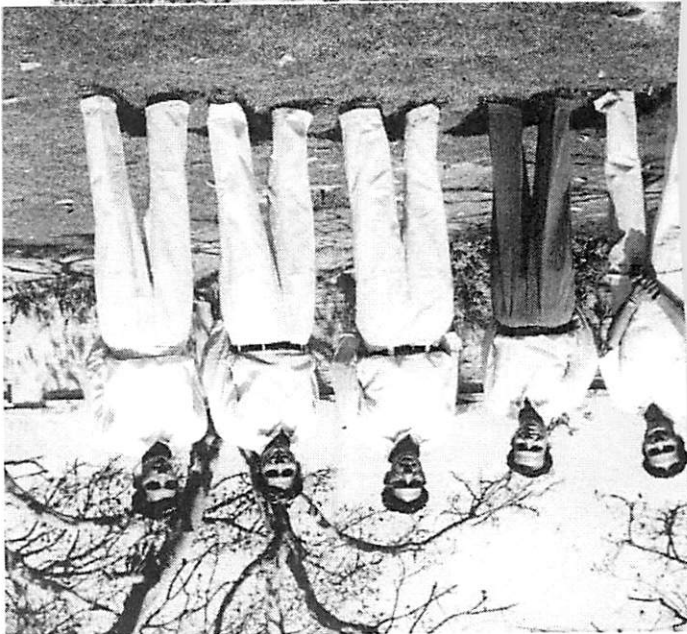
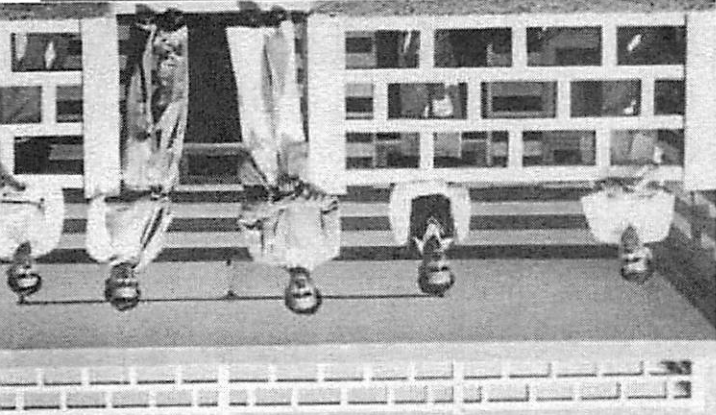
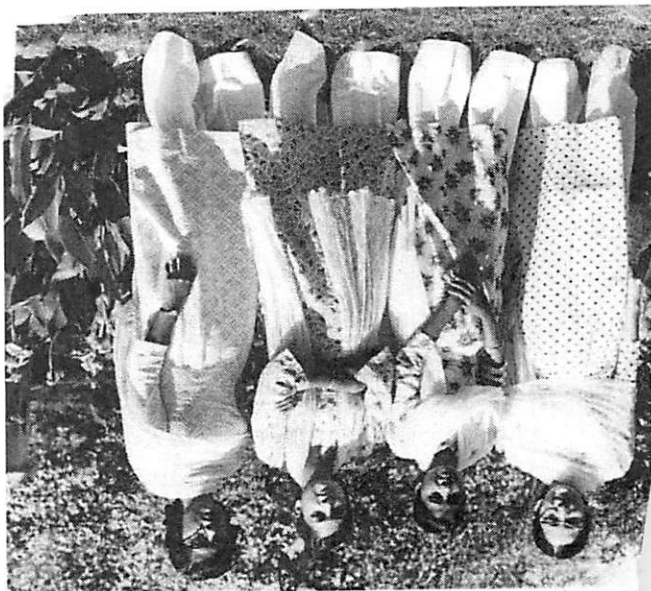
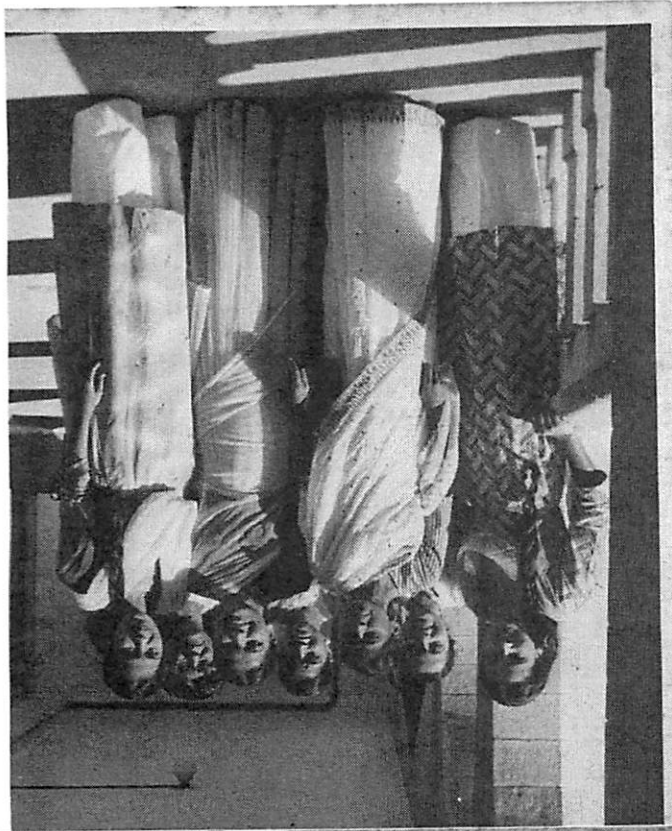
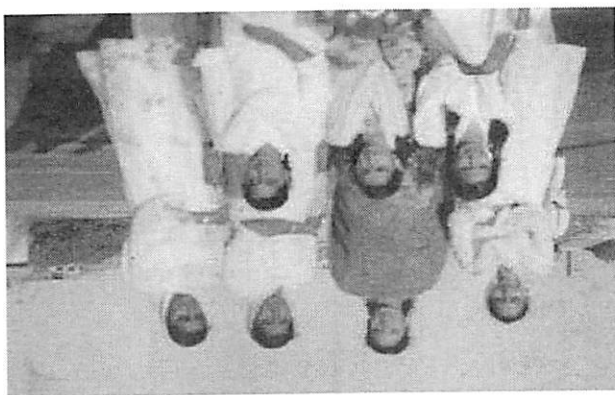
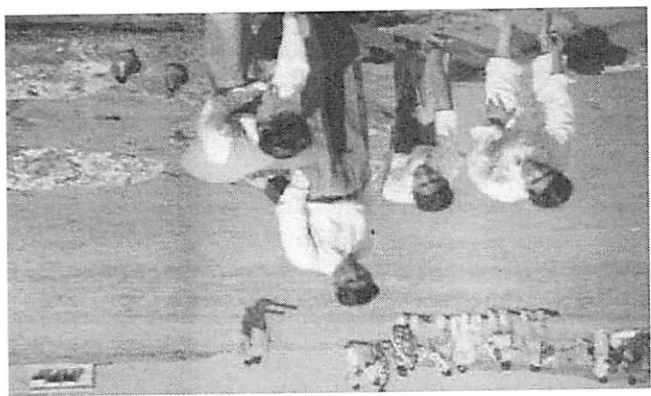
**Sarah Sultana**, Married to Dr. Hamid Shafqat, Consultant Cardiologist, Karachi.

**Zebunissa Fidwai**, General Practitioner, Karchi

**Afsar Jehan**, General Practitioner, Karchi

**Sukaina Usman**, General Practitioner, Karchi

**Sherin Tayyab Ali**, General Practitioner, Karchi

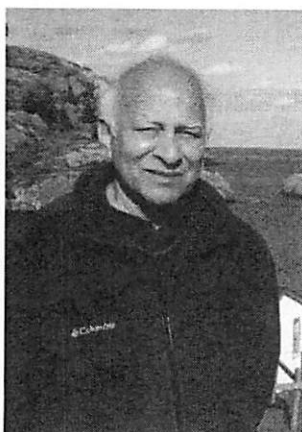


# Dr. A Ghaffar Khan, MD

FRCP (Canada), MRC Psych, DPM

Child and Adult Psychiatrist

20 Montreal Road, Cornwall, Ontario K6H 1B1



After graduation worked briefly at Ohuja Sanitarium, Karachi. Then went to United Kingdom and obtained DPM in 1965 and joined Pakistan Armed Forces as Classified Psychiatrist in the rank of a Major. After resigning from the army, I came to Canada in 1969. I am practicing psychiatry, mainly child psychiatry at Cornwall, Ontario Canada.

Cornwall is a small city located at New York State and Canada border. It is 60miles from Ottawa and Montreal, 250 miles from Toronto and 300 miles from the Niagara Falls. It is located on highway 401 if you travel East-West way in Ontario.

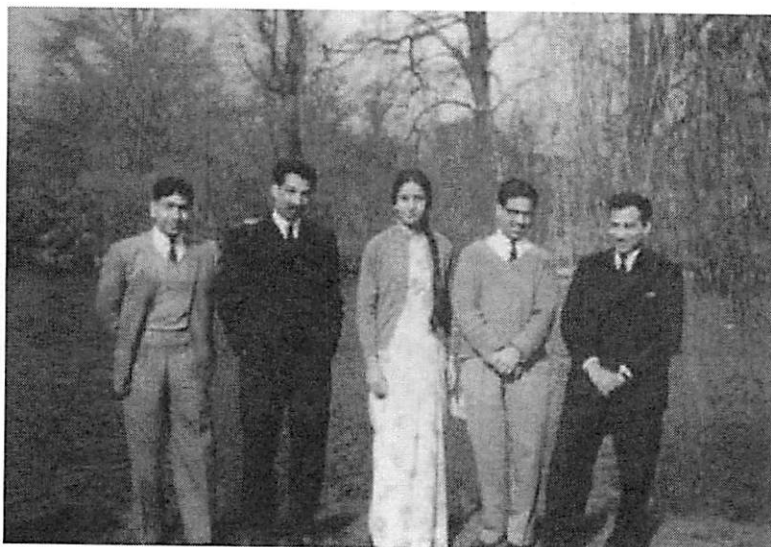
## **Family:**

Three children,

Seema Khan – Immunologist/Allergist practicing in Ottawa, Canada.

Abdul Rahim Khan – Chiropractor, practicing at Powell, WY, USA

Anjum Khan – Physiatriist, Practicing in Chicago, IL





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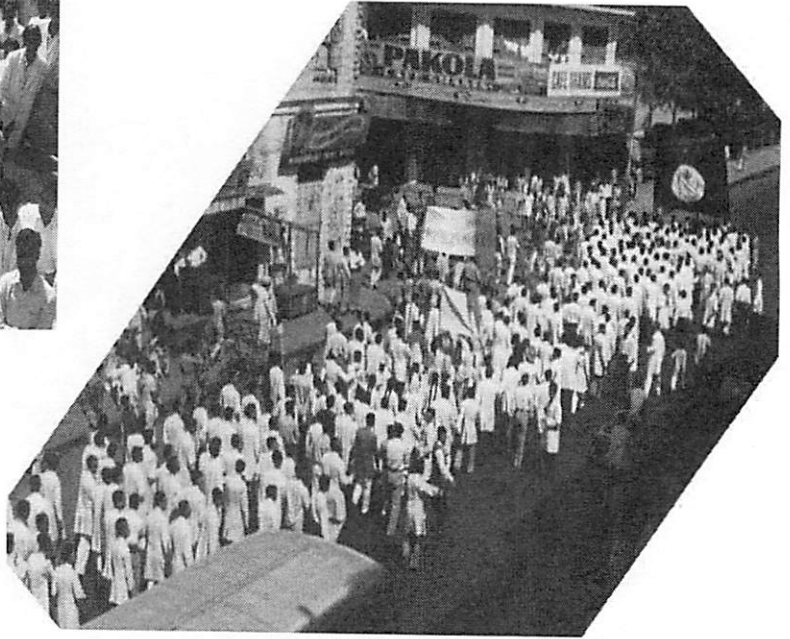
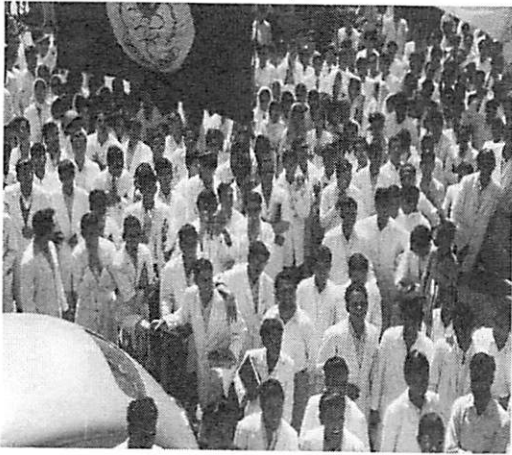
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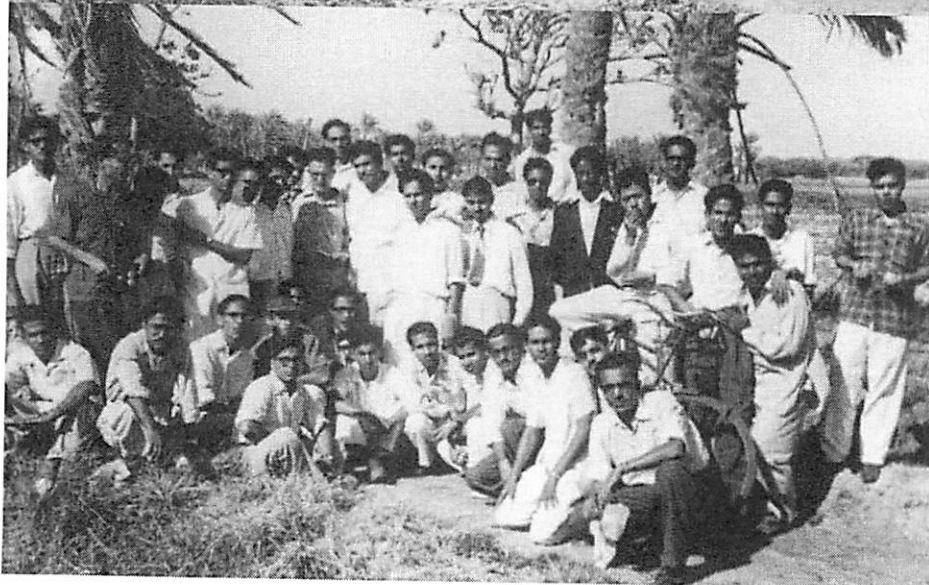
**5711 Hillcroft, (Crossing of Harwin), Houston, TX-77036**



**We participated in election and strikes...**



**We studied hard and enjoyed picnics...**



## Dr. Parvez Ilyas Shah, M.D., F.R.C.S.



CHAIRMAN DEPARTMENT OF SURGERY, LAUREL REGIONAL HOSPITAL  
7350 Van Dusen Rd., STE 450, LAUREL, MARYLAND 20707  
301-490-0500 (O), 240-441-6106 (C), 301-384-9203 (R)

After Finishing General Surgery Training in United Kingdom between 1963-68, practiced General Surgery in Pakistan for two years and came to US and finished his Residency in General Surgery in Lutheran Hospital, Baltimore, Maryland. Completed Fellowship in Urology in 1975 from University of Missouri, Kansas City, Missouri. Held the faculty position at Washington University Medical School and Hospital from 1978-95. Board Certified in Urology and completed E.S.W.L. Training at University of Virginia Medical Center, Charlottesville Hospital in April 1988. Private Urology practice in Laurel, Maryland since 1990.

He has served as President of DOGANA (1988-89) and Treasurer, Secretary, President-Elect and President (1992-93) of Association of Pakistani Physicians of North America (APPNA). Is the Founding member of board of directors of PAK-PAC and has served as President during 2002-06. Founding president (2003-07) of Universal Muslim Association of America (UMAA).

He is married and has three children.

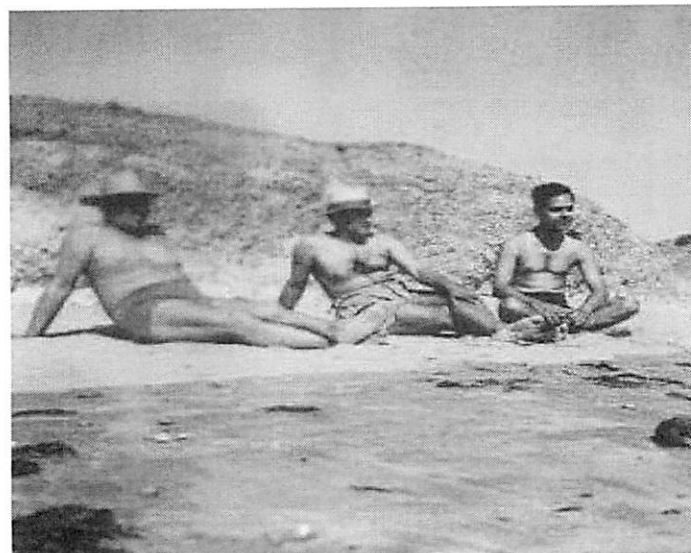


# The answers for the Quiz by Dr. Sheikh Amin

1) Toe	11) Mouth	21) Heart
2) Thumb	12) Nose	22) Hamstring
3) Nails	13) Navel	23) Calf
4) Pupils	14) Funny bone	24) Palms
5) Arm	15) Head	25) Hips
6) Hair	16) Lip	26) Sternum
7) Chest	17) Shoulder	27) Orbit
8) Temple	18) Spine	28) Knuckles
9) Finger	19) Pelvis	29) Xipisternum
10) Feet	20) Bottom	30) Ear lobes

## Picture Quiz by M. Basheer Ahmed

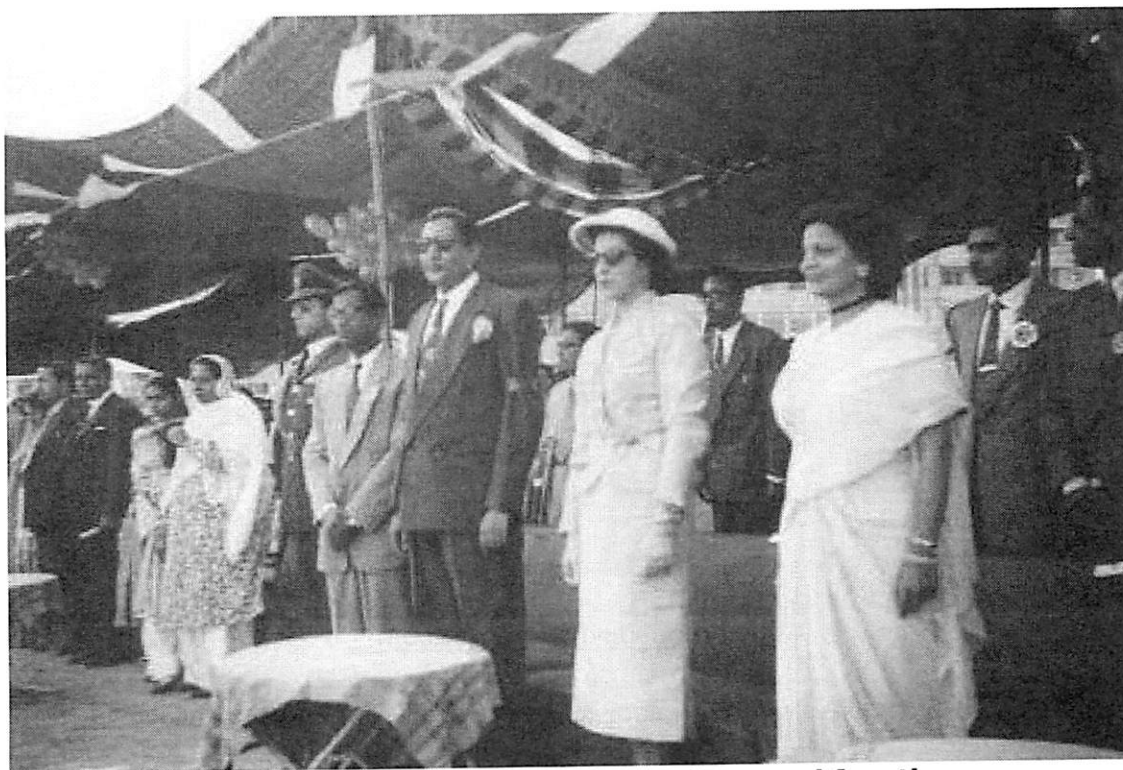
Can you recognize who these professors are?



**SOME MEMORABLE PHOTOGRAPHS FROM COLLEGE YEARS**

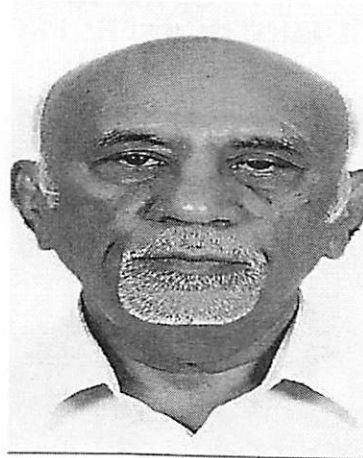


**Prime Minister – Suharwardi's visit to Dow Medical College**



**Mrs. Iskander Mirza at the College's annual function.**

## **Dr. Abdul Qadir Hashmi**



160 B Shabbirabad, Karachi, Pakistan  
92-21-34545121/92-21-4533484 (R); 92-321-2845857 (C)  
[ahashmi55@yahoo.com](mailto:ahashmi55@yahoo.com)

I started my career as a demonstrator in DOW Medical college, served as a medical doctor (Captain) in Pakistan army in 1965 War, and after that started my medical practice in family medicine. I have been married for 43 years and have one son and two daughters. I am currently located in Karachi, Pakistan.

## **Dr. M. Amin Ahmed**

MRC (PATH), ENGLAND



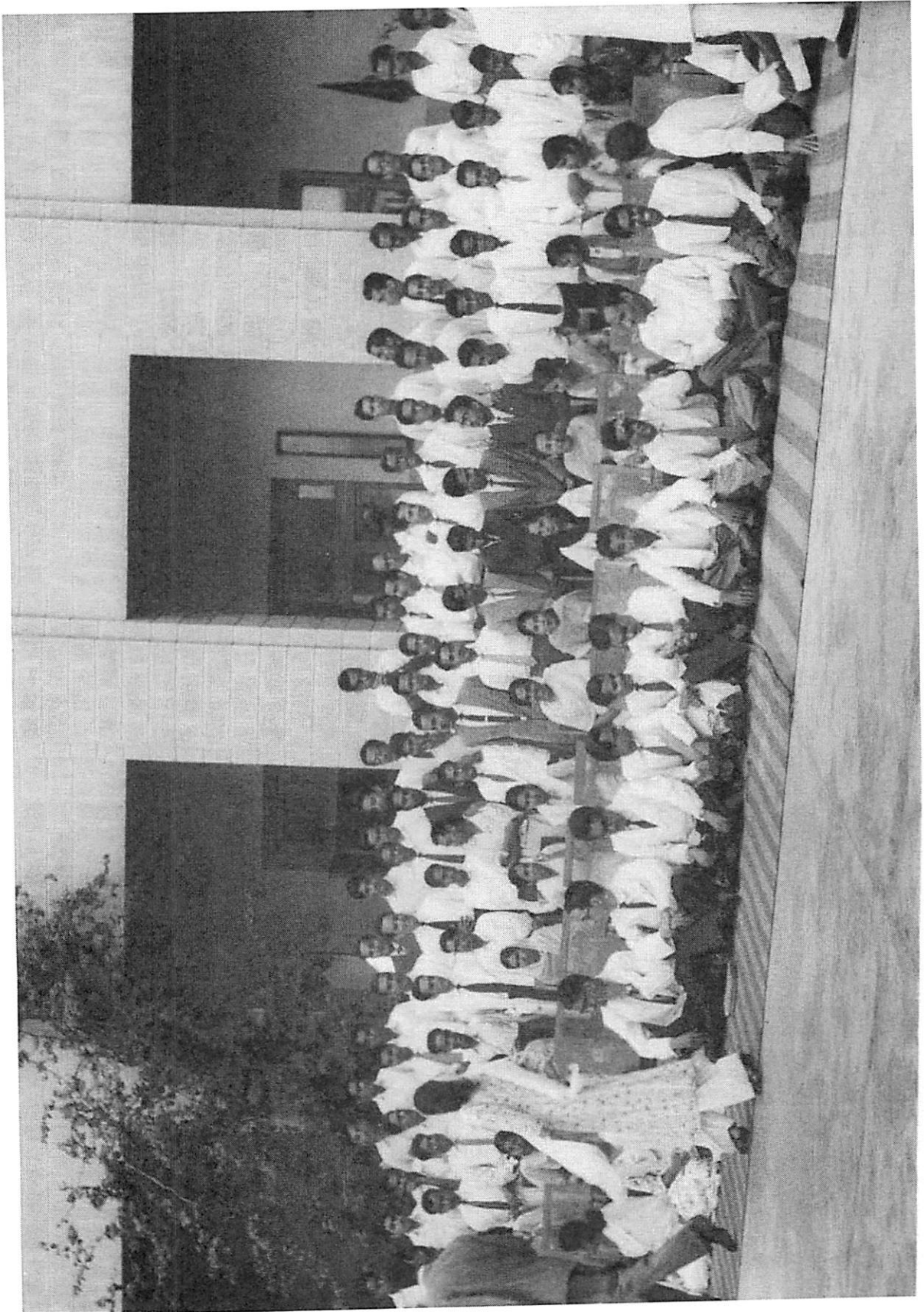
[ahmed908@btinternet.com](mailto:ahmed908@btinternet.com)

Chelmsford, England

Retd. Consultant Pathologist, Chelmsford Group of Hospitals.

Wife:Sofie Son:Tariq









تجر مراد آبادی سے معذرت کے بعد

ڈاکٹر احمد سعید  
پوسٹن

شاعر فطرت ہوں میں ، فکر جب فرماتا ہوں میں  
ایک دوکا کیا ذکر سارے مشاعرے لوٹ لاتا ہوں میں

آ کہ تجھ بن اس طرح اے دوست گھبراتا ہوں میں  
جیسے دال میں کوی نمک کی کمی پاتا ہوں میں

جس قدر افسانہ ہستی کو دہراتا ہوں میں  
ہنستا جاتا ہے وہ ، اور روتا جاتا ہوں میں

جب مکاں و لامکاں سب سے گذر جاتا ہوں میں  
اللہ اللہ اس کو اپنی گود میں پاتا ہوں میں

ہاے رے یہ مجبوریاں ، ترکِ محبت کے لیے  
مجھ کو سمجھاتی ہے وہ ، اور بیوی کو سمجھاتا ہوں میں

میری ہمت دیکھنا ، میری فطرت دیکھنا  
روز ڈاکٹری سہی ، کبھی شاعری بھی فرماتا ہوں میں

آف رے یہ طوفانِ حوادث اے سعید  
ایک دل ہے کہ ہر حسینا سے ٹکراتا ہوں میں

# CHARITABLE HUMAN SERVICES

By M. Basheer Ahmed, M.D.

Social and Human services in Islam are not only encouraged but are obligatory.

**The Holy Quran says - It is not enough just to follow the obligatory rituals - Salat, but it is also equally or more important to pay Zakat (Charity).** Zakat is given to poor and needy people for supporting their financial, educational, social and medical needs (Combination of Social Security and Medical Care). It is also emphasized in Quran that we are not the owners of our wealth but trustees of our wealth. Therefore, it is emphasized that what God has given to us be shared with less fortunate human beings. What they should be given is for love of God and compassion for fellow human beings.

**Mother Teresa said that- "It is necessary to give: to give it is necessary to be free from selfishness."** We should learn how to discipline our natural passions and tendencies and develop the act of charity. It is certainly developed through continuous kindness and helpfulness. Charity also seeks no reward and is initiated without selfish motives and with compassion rather than the hope for recognition. True service and charity are usually not accomplished through great one-time opportunities or philanthropic acts; but they are most often demonstrated best through habits of small, quiet, humble, and unrecognized actions of every day

**Albert Einstein said- "only a life lived for other is a life worthwhile."** Confidence and self-esteem improve and depression and sadness flee the moment we start to think of helping others

For Physicians it is very important to establish free health services for the poor and needy. When a proper treatment is provided for those without any insurance at these charitable clinics and hospitals, it automatically lowers the death rate. It also encourages healthier and productive community and improves quality of life. The caring community citizens and leaders understand that without a sense of caring, there can be no sense of community. They understand that caring for the sick and unhealthy is incumbent on society as a whole. A world without charity is a world without love. A world in which "acts of charity are no longer necessary" is a cold, controlled, painless, loveless, joyless world. Charity benefits everyone when it is done with grace, poise, dignity, and sincere willingness to perform for the benefit of another person

**Charitable Medical and Social services benefit you just as much as the people you serve. There is no better feeling than knowing you've made a positive impact on another person's life**